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Metabolic NMR mapping with microgram tissue biopsy

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Abstract Summary: This study explores the potential of profiling μg -scaled soft tissue biopsy by NMR spectroscopy. The important elements of high resolution and high sensitivity for the spectral data are achieved through a unique probe, HR- μMAS , which allowed a comprehensive profiling to be performed on μg -tissue for the first time under MAS conditions. Thorough spatially resolved metabolic maps were acquired across a coronal brain slice of rat C6 gliomas, which rendered the delineation of the tumor lesion. The results present a unique *ex vivo* NMR possibility to analyze tissue pathology that cannot be fully explored by the conventional approach, HR-MAS and *in vivo* MRS. Aside from the capability of analyzing a small localized region for tracking its specific metabolism, it could also offer the possibility to carry out longitudinal investigations on live animals due to the feasibility of minimally invasive tissue excision.

Keywords: metabolic mapping, HR- μMAS , NMR, glioma, biopsy.

Abbreviations

A_{met}	NMR peak Integral of a metabolite
AUC	Area Under the Curve
B	PLS coefficient matrix
C(n)	Control Slice
CPMGPR1D	Carr-Purcell-Meiboom-Gill with Presaturation
CVA	Canonical Variates Analysis
FWHM	Full-Width at Half-Maximum
HR-(μ)MAS	High-Resonance (micro) Magic-Angle Spinning
LASER	Localized by Adiabatic Selective Refocusing
N_{met}	number of proton of a metabolite
PFA	Paraformaldehyde
PLS	Partial Least Square
OPLS-DA	Orthogonal Partial-Least Square Discriminant Analysis
ROC	Receiver Operating Characteristic
SNR	Signal-to-Noise Ratio
T(n)	Tumoral Slice
tCr	total Creatines
tCho	total Cholines
TurboRARE	Turbo-Rapid Acquisition with Refocused Echoes
X_{input}	PLS input matrix
Y_{output}	PLS output matrix

Introduction

MRI has been a vital imaging modality for tumor diagnosis and prognosis due to its amenity of revealing the spatial contrast of the tissue in a non-invasive manner. However, it often relies on molecular spectroscopic technique, *in vivo* MRS, to unravel the underlying metabolic profiles and pathways for facilitating the characterization of the tumor subtypes and grades.^{1,2} Multivoxel MRS (MRS imaging) is a useful strategy in tissue pathology for providing the spatial metabolic coverage^{3,4} to understand cancer metabolic reprogramming. However, the spectral interpretation is generally strained by the insufficient resolution due to the acquisition under a static sample condition. Consequently, it commonly resorts to *ex vivo* HR-MAS NMR to support the interpretation of the *in vivo* spectra.⁵⁻⁸

Despite the good spectral resolution by HR-MAS, there have been only few attempts of spatially resolved studies (multi-voxel or -sampling) in cancer research. Notably, Leo *et al.* performed the first HR-MAS analysis of different regions in a human glioblastoma.⁹ Recently, this team carried out a comprehensive metabolic mapping on a resected human prostate tumor.¹⁰ In another study, Righi *et al.* acquired a linear spatial metabolic profile across an excised rat glioma-bearing slice.¹¹ However, one limitation with HR-MAS is the use of an extensive sampling mass (5–10 mg) for compensating the low sensitivity in NMR spectroscopy, which can hinder the deduction of relevant information in a small spatial region. Recently, a new μ MAS probe technology, denoted as HR- μ MAS, has been introduced.^{12,13} It targets solely on μ g-scaled soft tissues with the capability of acquiring high resolution spectral data without compromising the sensitivity. Unlike the ultra-fast spinning μ MAS probe for solids, the HR- μ MAS probe is devised to give minimal effect of the magnetic susceptibility toward the μ g-tissue, allowing high-resolution acquisition to be achieved under the sample-spinning condition. This study examined the HR- μ MAS application to microbiopsies. It detailed the metabolic mapping of rat C6 glioma-bearing slices to facilitate the delineation of the tumor lesion. The C6 glioma model was strategically chosen for the proof of concept because of its homogenous nature and the well-characterized MR profiles, which allowed for an unbiased evaluation of the profiling capability of HR- μ MAS, which uses μ g-tissue.

Experimental section

Animal treatment and glioma implantation

Six male Wistar rats (160–220 g body weight) were used: two controls (C1 and C2), and four tumor-bearing rats (T1–T4). T1–T4 tumors were produced by stereotaxic injection in the left caudate nucleus (part of the basal ganglia) of C6 glioma cells, derived from N-

nitrosomethylurea-induced rat glioblastoma.¹⁴ Rats were anesthetized with isoflurane (4% induction, 2% during surgery) and secured in the stereotaxic apparatus (Stoeling, Germany). The scalp was cleaned with Betadine (Sarget, France) and local injection of lidocaine was performed (local anesthesia). The skull was then exposed by a midline scalp incision and a 1-mm diameter hole was drilled at a position 3.5-mm left from Bregma. Then, 10⁶ glioma cells in 10 µl were injected into the left hemisphere at a depth of 5.5 mm. The craniectomy was sealed with bone wax, and the scalp was sutured. *In vivo* MRI and MRS were periodically performed to follow the tumor growth.

***In vivo* ¹H MRI and MRS**

MRI and MRS were performed on a 7 T Bruker BioSpec scanner (70/20, Ettlingen, Germany) using a Bruker ¹H-transmit volume coil. The tumor was visualized using a T₂-TurboRARE sequence (TE 39.96 ms; TR 2500 ms; average 2; repetition 1; echo spacing 13.319 ms; rare factor 8; slice thickness 0.8 mm; 20 slices; interspace 0.2 mm; image size 256×256; field-of-view 35×35 mm; scan time 2 min 40 s). ¹H MRS was performed using a LASER sequence (voxel 2.5×2×2.5 mm; TE 19.26 ms; TR 2.5 s; average 256; acquisition time 12 min). Acquisitions were performed with ParaVision 6.0. MRS spectral data were processed separately using Bruker Topspin 3.6.1.

Slice resection

Rats were euthanized using brain-focused microwaves (5 kW, 1 s, Sacron8000, Sairem), which stopped all enzymatic and metabolic activities, to avoid post-mortem metabolism and artifacts such as anaerobic lactate production.¹⁵ Brains were then surgically removed, and a 3-mm coronal slice centered on Bregma was rapidly excised, placed in a biopsy cassette, and dipped in liquid nitrogen. The 3-mm thickness was chosen to accommodate a tissue-filled µMAS rotor for an optimal NMR sensitivity. For T3 and T4, an additional slice (adjacent to that used in HR-µMAS) was excised for histopathology. Table S1 lists a summary of the slices (C1, C2 and T1–T4) and their usages.

Histopathology

Histopathology was carried on the adjacent slice of T3 and T4 using a classical Hematoxylin-Eosin staining protocol. Slices were immediately post-fixed for 24 h (4 °C, in PFA 4%). Fixed slices were then cryoprotected by sucrose immersion (48 h in a 20% sucrose solution, followed

by 24 h in a 30% solution, 4 °C) and frozen in liquid N₂ vapor. The 20 μm-thick slices were stained with a hematoxylin solution (5 min), washed in distilled water (10 s), dipped in eosin solution (3 min) and rinsed twice (in distilled water). Sections were finally dehydrated in 95% (1 min), then in 100% ethanol (2 min) and mounted on coverslips in Depex mounting medium (Sigma Aldrich). Brain sections were observed and images were taken using an optical microscope (Leica STP6000).

***ex vivo* ¹H HR-μMAS NMR**

Sample-preparation. Following the guidelines,¹⁶ the resected slice was placed inside a biopsy cassette with 1×1 mm slots for imprinting the orderly grid pattern to facilitate the sampling (Figure S1). The sampling was carried out using a microbiopsy punch (World Precision Instruments) on a frozen slice, and immediately injected into the 1-mm rotor with few drops of D₂O/TSP (internal reference). The entire procedure was carried out on a cold platform (Figure S1) and limited to 15–20 minutes. Samples with a longer preparation were automatically discarded.

NMR acquisition. A sacrificed sample was used for optimization (shimming and pulse-sequence adjustments). NMR experiments were carried out on a Bruker Avance II, operating at a ¹H frequency of 499.16 MHz with a custom-built JEOL 1-mm ‘HR’-μMAS under a sample spinning between 5000–5500 ± 20 Hz, and with a constant temperature of 20 ± 2 °C. The NMR spectra were acquired with a Carr-Purcell-Meiboom-Gill (cpmgpr1d) pulse sequence (TE 80 ms; water-suppression recycle delay 1 s; spectral width 20 ppm; data point 32 K). Four subsequent spectra were collected for each sample, each with 320 averaging with a 13-minute acquisition period. The spectral processing was performed using Bruker Topspin 3.6.1 with a zero-filling and a line broadening of 0.3 Hz. The ¹H chemical shift was referenced to the alanine doublet at 1.48 ppm. Figure S2 shows a comparison of the resolutions between the conventional HR-MAS approach and HR-μMAS. It also shows no apparent signal degradation among the four subsequent spectra. The summed spectra were used in the multivariate and semi-quantification analyses.

Data analysis

Multivariate. Processed spectral data were uploaded into MestreNova v8.1. Spectra were aligned, and the water region (4.15–5.10 ppm) was removed. Each spectrum was normalized to the signal of tCr (3.06 to 3.02 ppm), and divided into sub-ppm (0.01 ppm) buckets from 5.20

to 0.77 ppm. The resultant matrix was submitted to SIMCA P13 and scaled by Pareto's distribution (power-law probability distribution). PCA and OPLS-DA were performed to identify the tumor profile. PLS regression was applied to locate the lesion. Models were validated by assessing the values of R^2X , R^2Y , and Q^2 as well as by the p-values obtained from cross-validation (level of confidence <0.05) to avoid overfitting. It should be noted that we applied PLS regression because of the accessibility in SIMCA (other regressions algorithms can offer similar, or better, prediction accuracy, such as a combined PCA and canonical variates analysis (CVA), which has been used on the MRS imaging data for delineating prostate tumors in an excised human tissue³).

Semi-Quantification. Due to the differences in the spin relaxation (T_1 and T_2) of metabolic signals, we reported the metabolic ratio $Q[\text{metA}/\text{metB}] = (A_{\text{metA}}/A_{\text{metB}}) \times (N_{\text{metB}}/N_{\text{metA}})$, where A_{met} and N_{met} are the corresponding signal integral and its number of detected protons, respectively. The deconvolution was carried out by MestreNova v8.1. A representative fitting is shown in Figure S3, and the quantified ratios are summarized in Tables S2-4.

Results and discussion

HR- μ MAS NMR of brain tissue

Figure 1 shows a spectral comparison between *ex vivo* HR- μ MAS NMR and *in vivo* MRS with a sampling voxel of $1 \times 1 \times 3$ mm for HR- μ MAS and $2.5 \times 2 \times 2.5$ mm for MRS. Despite the fact that acquisitions were carried out at different magnetic fields (7 T for *in vivo* MRS and 11.7 T for HR- μ MAS), the spectral effect of MAS is evident. The FWHM of a singlet at 3 ppm in HR- μ MAS is significantly narrower with 0.02 ppm as compared to that of 0.6 ppm in *in vivo* MRS. Moreover, with the same acquisition time, the SNR for HR- μ MAS is higher than that for *in vivo* MRS. Taking into account the sampling voxel, HR- μ MAS renders a crude 7-fold enhancement in volume-sensitivity SNR ($\text{mm}^3 \cdot \sqrt{\text{min}} \cdot \sqrt{B^3}$). In other words, it would require a 7^2 , therefore a 49, longer acquisition time for *in vivo* MRS to achieve the same SNR level obtained with HR- μ MAS with μg -tissue volume. This enhancement is ascribed by the use of a μ -detection solenoid and the resultant spectral resolution achieved by the HR- μ MAS probe. Note that the μ MAS for solids would not offer the same level of resolution because of the presence of the substantial magnetic susceptibility that will arise from the probe head.

Metabolic NMR profile of gliomas

PCA and OPLS-DA were carried out to identify a specific glioma metabolic profile by examining relative metabolite intensities between the tumor and control tissues. Owing to the μg -scaled sampling, this study was able to analyze a total of 34 samples from a single control coronal slice (C1) and 42 from two glioma-bearing slices (T1 and T2) (Figure S1). The PCA score plot in Figure 2 exhibits a clear distinction of spectral data between control and tumor slices. The discrimination was also reflected in the OPLS-DA with $R^2X = 0.843$ and $Q^2 = 0.752$, and with a modest predictive accuracy $AUC = 85\%$. Owing to the homogenous nature of the tumor tissue and its distinct metabolic profile, the discrimination was further improved between the data acquired from the tumor lesion alone and the control with $R^2X = 0.986$, $Q^2=0.963$ and with a near 100% AUC; thus, the corresponding S-line has unambiguously diagnosed the NMR markers for the tumor: elevated signals in tCho, Tau, Ala, Gly, myo-Inositol, Lac and lipids, while a reduction in NAA and Glu signals were observed. These results are in line with the previous HR-MAS findings,¹⁷ thus validating the NMR profiling strategy with HR- μMAS .

Glioma delineation and characterization

To evaluate the possibility of localizing the tumor lesion through the spatial NMR mapping, we used a linear PLS regression, $\mathbf{Y}_{output} = \mathbf{X}_{input} \mathbf{B}$,¹⁸ by exploiting the 100% AUC model (Figure 2c) as the regression coefficient \mathbf{B} to delineate the lesion in the T3 and T4 models. This was carried out by mapping the NMR profiles across the coronal slices, in which the acquired spectral data \mathbf{X}_{input} were then submitted to the regression. The outputs \mathbf{Y}_{output} provide the predictive degree 0–1, where 1 represents the spectral profile closely resembling those of the lesion used in \mathbf{B} (T1 and T2), and likewise, 0 corresponds to those of the control (C1). Figure 3 shows the resulting regression maps. Evidently, the test model C2 is solely mapped with the control profiles, whereas the located tumor lesions are apparent in T3 and T4, which are in agreement with the visible tumor mass on MR images. Interestingly, the regression indicates that the lesion profiles delineated in T4 are more similar to those in \mathbf{B} (T1, T2) as compared to those in T3.

The study quantified and evaluated several NMR-identifiable metabolites across the coronal slice of C2, T3 and T4. Figure 4 shows that in both T3 and T4 an increase in tCho/NAA, Lac/NAA, Gly/tCr and Ala/tCr, and a decrease in Glu/tCr were observed in the lesion. In general, the elevated tCho/NAA arises both from a decrease in NAA signal and an increase in tCho. This magnetic resonance signature has been well recognized and often used as a diagnostic marker for characterizing tumoral tissue in animal models^{6,11} and in humans.^{1,5,6,18} The reduction in NAA, a neuronal viability marker, is interpreted as the loss or abnormality of

the neuronal tissue, whereas the increased level of tCho is associated with membrane synthesis and degradation (such as occurring during necrosis, for example). Among tCho signal ratios, T4 displays a slightly higher PC/tCho level (0.69 ± 0.09 , Table 1) at the lesion along with a lower level of GPC/tCho (0.24 ± 0.09) as compared to those in T3 (0.56 ± 0.04 and 0.38 ± 0.06 , respectively). In a previous study on choline metabolism using *ex vivo* HR-MAS NMR,¹⁹ it has been found a difference of the PC level and GPC in human tissues between high and low grade astrocytomas, which appeared to be reflected by the changes in the expression of genes of the Kennedy pathway.

A recent HR-MAS study¹¹ has found that the tumor lesion is metabolically dominated by anaerobic glycolysis (Warburg effect), which is reflected by the production of lactate from pyruvate through lactate dehydrogenase activity. The study has also observed a decrease in glutamate, presumably reflecting neuronal death, since glutamate is the major neurotransmitter in glutamatergic neurons.²⁰ These results (an increase in lactate and a decrease in Glu) are also evident in Figure 4. An increasing level of Glu/tCr from the peritumor to the contralateral region was apparent in both T3 and T4. Interestingly, the growth was more pronounced in T4, where this ratio in the contralateral hemisphere was even higher compared to the one in C2. This alteration has also been observed in the edema surrounding different human gliomas,²¹ and could signify neuronal death due to a toxic effect of the excess of excitatory neurotransmitter (exitotoxicity). The high content of Lac/NAA found in the T4 lesion suggests a higher grade glioma, which is often accompanied by lactate production that diffuses from the tumor to the peritumoral region.²²

Glycine (Gly) is an inhibitory neurotransmitter. It has been found to increase in high grade gliomas by *in vivo* MRS²³ and *ex vivo* HR-MAS NMR,²⁴ and has been proposed as a tumoral marker. Despite the μg -scaled tissue, the achieved high resolution and sensitivity of HR- μMAS enable to capture the elevated level of Gly/tCr in the lesions.

An elevated level of Ala/tCr in the lesion was also detected, especially in T4. This is consistent with the previous HR-MAS findings in human meningiomas.¹⁷ It was suggested in an early study²⁵ that Ala inhibits the pyruvate kinase in gliomas and meningiomas, and Ala has been proposed as a potential biomarker for the evaluation of tumor aggressiveness due to its positive presence in glioblastoma multiforme as compared with low grade gliomas.¹⁹

The tumor grade is determined by the degree of differentiation of the tumor and its cellularity, as well as the presence of cytonuclear atypia, mitotic activity, microvascular proliferation and necrosis. As such, molecular characterization of the gliomas is an important aspect in clinical

medicine for making diagnostic and treatment decision based on the grade. *In vivo* MRS provides metabolic information of the intratumoral region and facilitates distinguishing the glioma grades. The typical markers are tCho, NAA, Cr and lactate, and the lesser common are Gly, myo-Inositol, PC and GPC. For examples, increase in ratios of tCho/NAA, PC/tCho, Gly/tCr and in lipids, and reduction of the GPC/tCho ratio are consistently found in high grade compared to low grade gliomas.

Here, we evaluated the relevant metabolic ratios of the identified lesion in T1-T4. Ratios are summarized in Table 1 and Figure 5, and suggest the following grade ranking $T1 \approx T2 \approx T4 > T3$. The higher grade in T4 compared with T3 is also evident in the histopathology shown in Figure 5b, in which angiogenesis, necrosis and hemorrhages are observed in T4 but not in T3. Regrettably, histopathology for T1 and T2 were not available to confirm the comparative grades. Interestingly, despite the four glioma-bearing rats underwent the same surgical stereotactic C6-cell implantation, the tumor growth was evidently different; therefore leading to different tumor metabolic patterns among the rats, especially for T3. Similar observations have also been reported.²⁶ The previous study – using the same tumor implantation protocol – also observed two distinct patterns of C6 glioma growth; one with capillaries found at the tumor periphery, and the other containing a tumor core in the center, reflecting the different tumor metabolism and necrosis processes.

Table 1. A summary of the mean metabolite ratios deduced from the delineated tumor lesion.^a

	Lac/NAA	tCho/NAA	GPC/tCho	PC/tCho	Glu/tCr	GABA/tCr	Gly/tCr	Tau/tCr	Ala/tCr
T1(n=7)	5.59±2.09	6.61±0.35	0.24±0.14	0.68±0.12	0.67±0.08	0.24±0.02	0.36±0.01	0.78±0.05	0.40±0.01
T2(n=7)	1.87±1.01	8.17±1.36	0.29±0.08	0.65±0.07	0.82±0.31	0.17±0.12	0.37±0.09	0.90±0.17	0.39±0.11
T4(n=6)	4.16±1.49	6.30±2.39	0.24±0.09	0.69±0.09	1.19±0.13	0.48±0.12	0.32±0.13	0.87±0.16	0.39±0.07
T3(n=4)	1.78±0.24	2.26±0.52	0.38±0.06	0.56±0.04	0.70±0.14	0.16±0.06	0.27±0.03	0.75±0.06	0.30±0.0
C2(n=11) ^b	0.56±0.21	0.99±0.25	0.31±0.12	0.54±0.10	1.07±0.15	0.31±0.2	0.08±0.02	0.44±0.04	0.12±0.02
C1(n=13) ^b	0.75±0.63	0.94±0.27	0.28±0.11	0.55±0.06	0.91±0.20	0.34±0.08	0.10±0.03	0.46±0.09	0.13±0.05

(a) Test models are highlighted in grey; (b) Taken from the contralateral hemisphere.

Concluding Remarks

This work successfully demonstrates the metabolic profiling of μg -scaled soft tissue biopsy under MAS conditions. As a proof of concept, the delineation of the tumor lesion in the glioma-bearing rat was carried out by exploiting the new μMAS technology, which permitted high-resolution NMR data acquisition of small tissue voxel. These results illustrate a potential toward the acquisition of metabolic information on a small spatial origin; data that can be difficult to obtain from the conventional HR-MAS and *in vivo* MRS experiments alone. We foresee suitability for examining the spatial patterns of local drug release in the region of interest. Also,

the notion of μg -scaled tissue excision promotes minimally invasive surgical procedure on animals, which could present a unique possibility of acquiring longitudinal data on live animals. Like in all analytical technology, limitations are unavoidable. In HR- μMAS , the low detection sensitivity is an intrinsic bottleneck. Despite the fact that μ -solenoid provides an enhancement for μg -tissue analysis, it is still insufficient to analyze low abundant metabolites. To further improve the sensitivity, it needs to be coupled with other enhancement strategy. One would be the cryogenic probe technology, which reduces the thermal noise originating from the electronic circuits. However, the change in the coil susceptibility under the cryo-temperature would greatly complicate the attainment of high resolution data. Another limitation is the sample preparation, since handling a μg -scaled tissue with a tiny rotor is not trivial. A slight deviation could affect the overall data, resulting in non-reproducible data acquisition and consequently would lead to misinterpreted analysis. Therefore, a more robust and automated approach to fill the rotor would enhance its feasibility and reliability, and would facilitate transfer to biopsy research. In spite of these limitations, the remarkable ability of profiling μg -scaled biopsies promotes a new possibility of assessing tissue pathology and could lead to a valuable complementary option to aid data interpretation of *in vivo* MRS and *ex vivo* HR-MAS NMR.

Supplementary Materials: Figures include sampling coordinates for HR- μMAS , representative HR- μMAS spectra and spectral fitting. Summary tables include the resected brain slices, and deduced metabolite ratios in T3, T4 and C2.

Author Contributions: CLT and AW designed and constructed the study, and carried out the NMR measurements and data analyses. AKBS, HR and VB carried out the animal treatments, MRI and data interpretations. CLT and AW drafted the manuscript, and all authors assisted in revisions.

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Conflicts of Interest: The authors declare no conflict of interest.

Data availability: The data that support the findings of this study are available from the

corresponding author upon reasonable request.

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Figure caption

Figure 1. Spectral comparison between *in vivo* MRS (at 7 T) and *ex vivo* HR- μ MAS NMR (at 11.7 T). Spectra correspond to the tumor lesion in T2. Both were acquired with an acquisition time of 13 minutes, but with different sampling voxel, 2.5 \times 2 \times 2.5 mm and 1 \times 1 \times 3 mm, respectively.

Figure 2. (a) PCA and (b) OPLS-DA score plots between all sampling data acquired from C1 and T1-T2; (c) OPLS-DA plot between all data in C1 and those in the tumor lesion of T1 and T2; (d) ROC comparison between models in (b) and (c); and (e) OPLS-DA S-line plot of (c). The significant metabolites are annotated with a correlation coefficient $p[\text{corr}]$ in parentheses and a Student's t-test p-value (* $p < 0.01$, ** $p < 0.001$ and *** $p < 0.0001$).

Figure 3. PLS-regression analyses: (a) A scheme of PLS regression, with the model in Figure 2c as **B**; (b) *in vivo* MRI images of the corresponding T3 and T4; (c) Superimposed regression maps with 1 \times 1 sampling pixels. The level of the predicted values is coded with a 32-colour scheme with red being 1, the likeliness to the tumor profile in **B**, and blue being 0, the likeliness to the control profile.

Figure 4. (a) Superimposed metabolite distribution maps across the coronal slice; (b) Linear plots showing the variations of the metabolite ratios across the coronal slice, along the sampling row 5-6 in Figure 3c. The colored regions correspond to the same scheme as in the regression maps Figure 3c.

Figure 5. (a) Bar graphs showing the comparison of metabolite ratios found within tumor regions. Values correspond to the arithmetic mean and the error bar to its standard deviation, and are summarized in Table 1. The t-test's p-values are indicated as * $p < 0.05$ and *** $p < 0.0001$; (b) Hematoxylin-Eosin histological sections of the adjacent glioma-bearing slices. The corresponding 250 μ m scale-bar is displayed in the upper images ($\times 2.5$) and in lower images ($\times 10$).

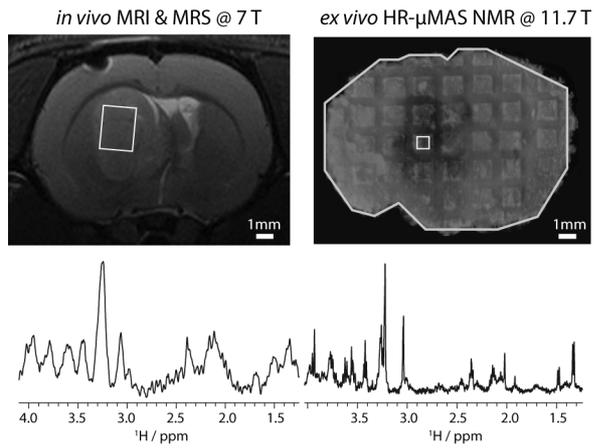


Figure 1

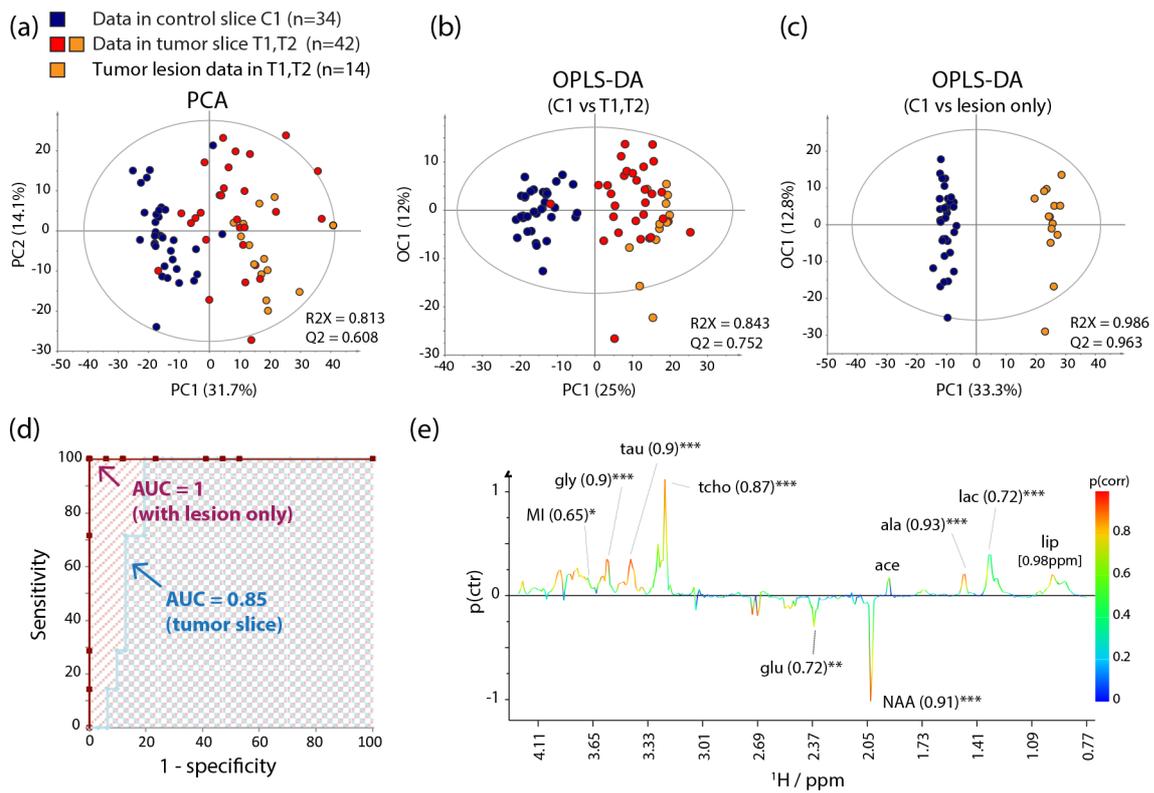


Figure 2

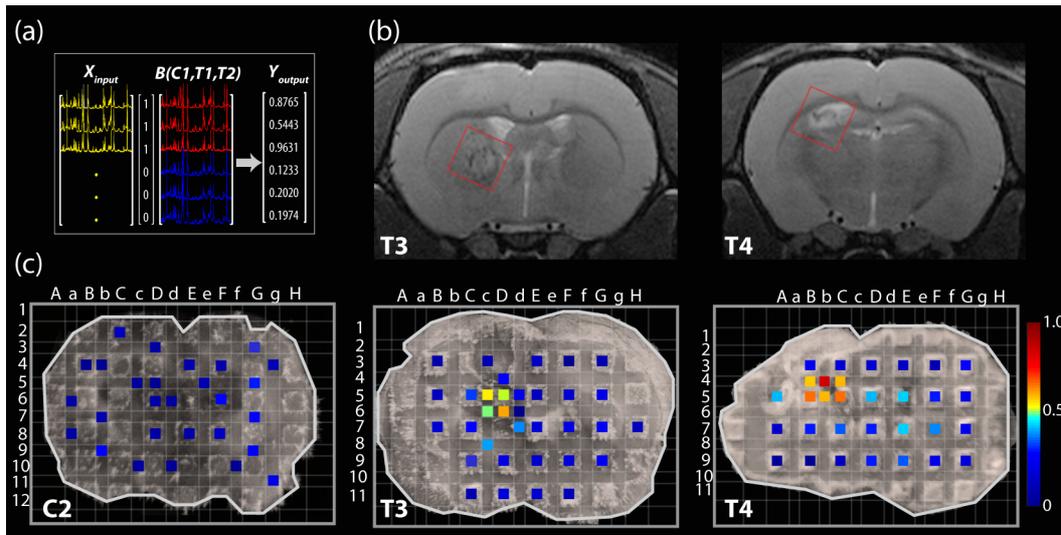


Figure 3

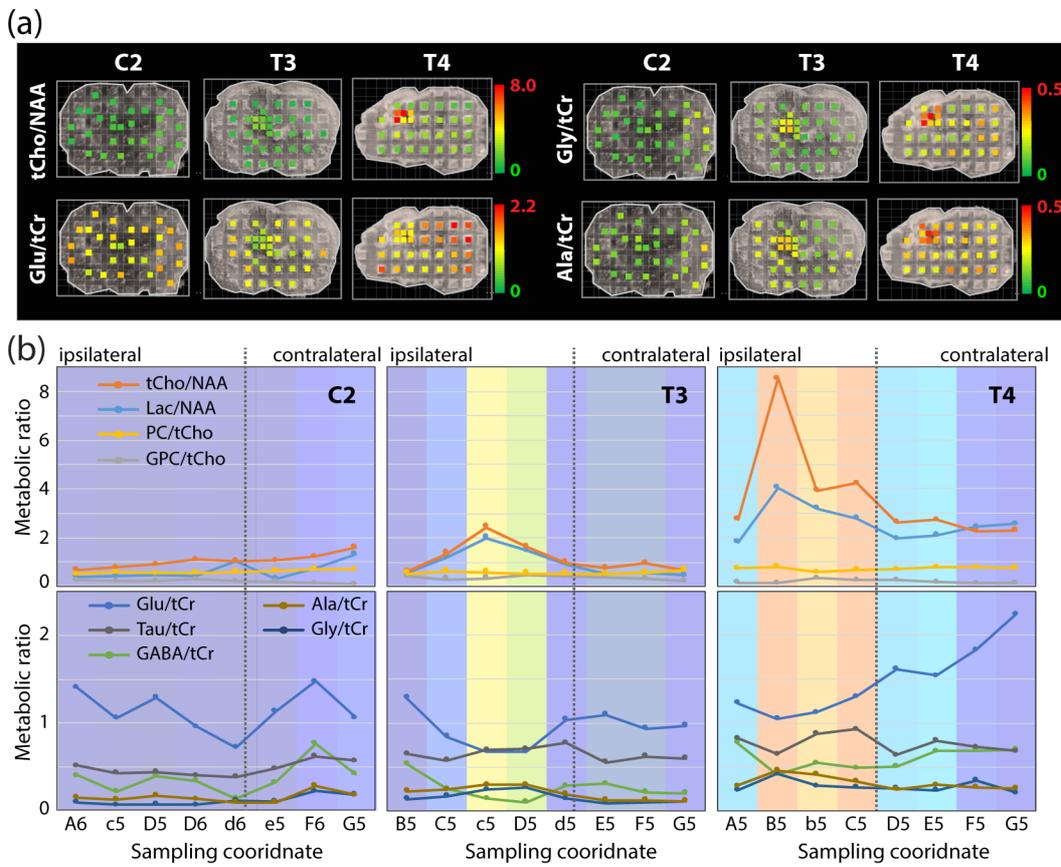


Figure 4

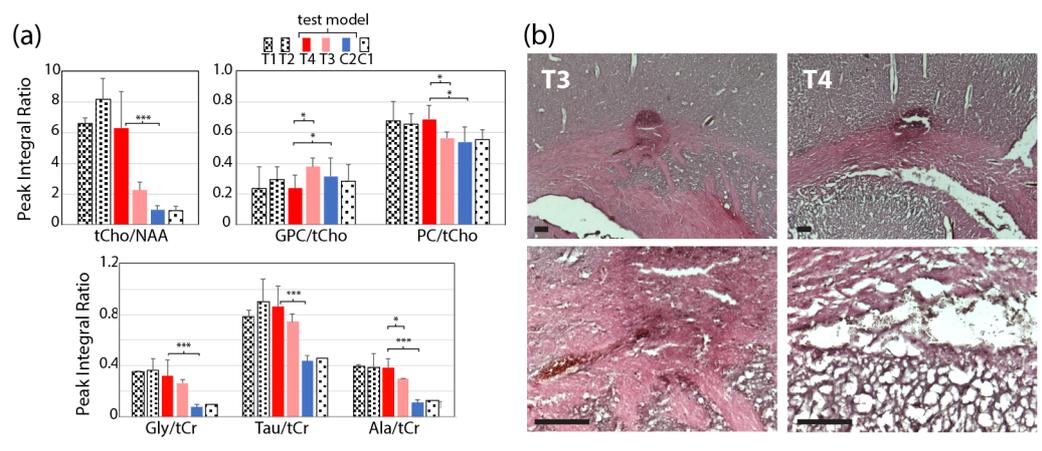


Figure 5