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# Potentiating tangle formation reduces acute toxicity of soluble tau species in the rat

Marie d'Orange,<sup>1,2</sup> Gwénaelle Aurégan,<sup>1,2</sup> Dimitri Cheramy,<sup>3</sup> Mylène Gaudin-Guérif,<sup>3</sup> Sarah Lieger,<sup>4,5,6</sup> Martine Guillermier,<sup>1,2</sup> Lev Stimmer,<sup>7</sup> Charlène Joséphine,<sup>1,2</sup> Anne-Sophie Hérard,<sup>1,2</sup> Marie-Claude Gaillard,<sup>1,2</sup> Fanny Petit,<sup>1,2</sup> Maren Christine Kiessling,<sup>8</sup> Christoph Schmitz,<sup>8</sup> Morvane Colin,<sup>4,5,6</sup> Luc Buée,<sup>4,5,6</sup> Fany Panayi,<sup>3</sup> Elsa Diguët,<sup>3</sup> Emmanuel Brouillet,<sup>1,2</sup> Philippe Hantraye,<sup>1,2</sup> Alexis-Pierre Bemelmans<sup>1,2</sup> and Karine Cambon<sup>1,2</sup>

Tauopathies are neurodegenerative diseases characterized by the aggregation of tau protein. These pathologies exhibit a wide variety of clinical and anatomic-pathological presentations, which may result from different pathological mechanisms. Although tau inclusions are a common feature in all these diseases, recent evidence instead implicates small oligomeric aggregates as drivers of tau-induced toxicity. Hence *in vivo* model systems displaying either soluble or fibrillary forms of wild-type or mutant tau are needed to better identify their respective pathological pathways. Here we used adeno-associated viruses to mediate gene transfer of human tau to the rat brain to develop models of pure tauopathies. Two different constructs were used, each giving rise to a specific phenotype developing in less than 3 months. First, hTAU<sup>WT</sup> overexpression led to a strong hyperphosphorylation of the protein, which was associated with neurotoxicity in the absence of any significant aggregation. In sharp contrast, its co-expression with the pro-aggregation peptide TauRD-ΔK280 in the hTAU<sup>ProAggr</sup> group strongly promoted its aggregation into Gallyas-positive neurofibrillary tangles, while preserving neuronal survival. Our results support the hypothesis that soluble tau species are key players of tau-induced neurodegeneration.

- 1 CEA, DRF, Institut François Jacob, Molecular Imaging Research Center (MIRCent), F-92265 Fontenay-aux-Roses, France
- 2 CNRS, CEA, Paris-Sud Univ., Univ. Paris-Saclay, Neurodegenerative Diseases Laboratory (UMR9199), F-92265, Fontenay-aux-Roses, France
- 3 Institut de Recherches Servier, DRD-RDNPS, 125 chemin de ronde, 78 290 Croissy sur Seine, France
- 4 Inserm, UMR-S 1172, Lille, France
- 5 Université Lille 2, Faculté de Médecine, IMPRT, JPARC, Lille, France
- 6 CMRR, CHR, Lille, France
- 7 MIRCent, INSERM-CEA, Platform for experimental pathology, U1169 and US27, F- 92265 Fontenay-aux-Roses, France
- 8 Department of Neuroanatomy, Ludwig-Maximilians-University, Munich, Germany

Correspondence to: Dr Karine Cambon  
CEA/ FAR, Institut François Jacob / MIRCent  
Bat 61  
18 Route du Panorama- BP 6  
92265 Fontenay aux Roses  
France  
E-mail: karine.cambon@cea.fr

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**Keywords:** tauopathies; aggregation; gene-transfer; rodent model; design-based stereology

**Abbreviations:** AAV = adeno-associated virus; hTAU<sup>ProAggr</sup> = human pro-aggregation chimeric tau; hTAU<sup>WT</sup> = human wild-type tau; NFT = neurofibrillary tangle; PHF = paired helical filament; TauRD-ΔK280 = tau repeats-domain carrying ΔK280 mutation

## Introduction

The accumulation of hyperphosphorylated and misfolded microtubule-associated protein tau (MAPT) into cells of the brain has been described as a characteristic feature of a family of neurodegenerative diseases called tauopathies (Grundke-Iqbal *et al.*, 1986; Braak and Braak, 1991; Weller, 2008). However, to this day, neither the exact causing factors of its aggregation nor the mechanisms leading to neuronal and synaptic loss have been elucidated, delaying the development of efficient therapeutic treatments. Indeed, our understanding of these diseases is largely impeded by the variety of anatomo-pathological profiles displayed by the different tauopathies. In Alzheimer's disease, the most common of them, the tau protein aggregates into paired helical filaments (PHFs) and forms neurofibrillary tangles (NFTs), progressing from transentorhinal areas to the limbic system, encompassing the hippocampus, and finally affecting the neocortex (Braak and Braak, 1991). In other sporadic tauopathies such as progressive supranuclear palsy and corticobasal degeneration, similar lesions are found in neurons and glia but in distinct brain regions (Weller, 2008). Among familial tauopathies, frontotemporal dementia presents a large genetic diversity, linked to more than 30 mutations already described, leading to a large variety of anatomo-pathological features (Simic *et al.*, 2016). While tau aggregation is undoubtedly implicated in all these diseases, the exact pathological mechanisms involved remain largely unclear.

Many pioneering studies have evaluated the occurrence of tau aggregation in relation to disease progression to better understand its role in the neurodegenerative process. Since the discovery that spatial progression of tau pathology is associated with increased severity of Alzheimer's disease dementia (Braak and Braak, 1991), it was first suggested that NFT formation played an active role in neurodegeneration. Indeed, several studies found a strong correlation between NFT numbers and neuronal loss as well as clinical score, suggesting that NFT-dependent neurodegeneration plays an important role in the cognitive decline found in demented patients (Dickson *et al.*, 1995; Giannakopoulos *et al.*, 2003). This classic view of NFTs as being the main species of tau-induced toxicity is, however, now strongly questioned. Indeed, spatial dissociation between NFT formation and neurodegeneration was observed in the brains of Alzheimer's disease patients (Vogt *et al.*, 1998), as well as in transgenic mouse models (Spires *et al.*, 2006). Although NFTs number correlates with neurodegeneration, the amount of neuronal loss strongly exceeds the number of tangle-bearing neurons (Gomez-Isla *et al.*, 1997; Vogt *et al.*, 1998), suggesting

that most neurons die from other mechanisms. On the other hand, neurons seem to survive after tau starts to aggregate in the soma (Morsch *et al.*, 1999; de Calignon *et al.*, 2010) and can remain fully integrated into functional neural networks (Fox *et al.*, 2011; Kuchibhotla *et al.*, 2014; Rudinskiy *et al.*, 2014).

More recently, soluble oligomeric forms of tau have been pinpointed as the most toxic form of tau aggregates. They were detected in pre-tangles both in Alzheimer's disease (Patterson *et al.*, 2011; Lasagna-Reeves *et al.*, 2012b) and tau transgenic mouse brains (Berger *et al.*, 2007). Following injection into the brain of wild-type mice, both recombinant and brain-derived tau oligomers were the only species able to induce a large variety of cellular defects, including reduction of synaptic and mitochondrial markers, caspase activation and neuronal loss, leading to cognitive deficits prior to the appearance of tangles (Lasagna-Reeves *et al.*, 2011, 2012a; Fa *et al.*, 2016). Hence, the respective contribution and the temporal occurrence of these different tau species in the pathological process is still unclear. The field would benefit from *in vivo* model systems generating either soluble or fibrillary forms of tau to better identify their respective pathological pathways.

To ascertain the current hypothesis that soluble tau species are the most toxic forms, we developed two models of tauopathy in rats that allow side-by-side comparison of the role of different tau species. To this aim, we used adeno-associated virus (AAV) gene transfer to overexpress various variants of human tau in the hippocampus of adult rats and we examined the differential neurotoxicity, aggregation and inflammation exerted by wild-type human tau (hTAU<sup>WT</sup>) and a new chimeric construct (hTAU<sup>ProAggr</sup>) co-expressing the pro-aggregation TauRD-ΔK280 peptide and wild-type human tau. In this study, we show that within 3 months after AAV injection, hTAU<sup>WT</sup> overexpression led to a strong hyperphosphorylation of the tau protein associated with striking neurodegeneration in the absence of any significant aggregation. In sharp contrast, co-expression of hTAU<sup>WT</sup> with the pro-aggregation peptide TauRD-ΔK280 in the hTAU<sup>ProAggr</sup> group strongly promoted its aggregation into mature NFTs while offering neuroprotection to hippocampus neurons.

## Material and methods

### Animal experiments

Adult male Wistar rats (2 months old, 250 g; JANVIER, *n* = 124) were used for AAV transduction. All animal studies were conducted according to the French regulation (EU Directive 86/609 – French Act Rural Code R 214-87 to

131). The animal facility was approved by veterinarian inspectors (authorization n°B 92-032-02) and complied with Standards for Humane Care and Use of Laboratory Animals of the Office of Laboratory Animal Welfare (OLAW – n°A5826-01). All procedures received approval from the local ethical committee (Comité d’Ethique en Expérimentation Animale CEA) and the French Ministry of Research [2015063015326177\_v1 (APAFIS#985)].

Four groups of rats were included in all analyses. Two human 1N4R tau constructs were cloned including wild-type (hTAU<sup>WT</sup>) and pro-aggregation tau (hTAU<sup>ProAggr</sup>). A control group termed ‘utGFP’ was designed to express a green fluorescent protein (GFP) mRNA that would not be translated into a protein. This construct was used here to overcome the described toxicity of GFP protein in some AAV-mediated models (Klein *et al.*, 2006). An additional control group was injected with saline (phosphate-buffered saline, PBS). See Supplementary material for more details.

## AAV vectors construction and production

For AAV production, transgenes were inserted into a shuttle plasmid using Gateway<sup>®</sup> LR Clonase<sup>®</sup> system (Invitrogen). The different tau constructs and the utGFP gene were cloned under control of the chimeric cytomegalovirus/chicken  $\beta$ -actin (CBA) promoter into a single stranded, rAAV2-based shuttle vector containing the woodchuck hepatitis virus post-transcriptional regulatory element (WPRE) sequence and with termination by the bovine growth hormone polyadenylation (bGHpA) signal. The entry vector used for the construction of hTAU<sup>WT</sup> vector was previously described (Caillierez *et al.*, 2013). The entry vectors used for utGFP and hTAU<sup>ProAggr</sup> transgenes were synthesized by GeneArt (Thermo Fisher) (Supplementary Tables 1 and 2). All constructs were packaged into AAV8 capsids by the MIRCen viral production platform as described (Berger *et al.*, 2015) (Supplementary material).

## Stereotaxic injections of AAV vectors

Methods for stereotaxic injections are detailed in Supplementary material. Briefly, AAV vectors were injected bilaterally into the dorsal and ventral hippocampus at the following stereotaxic coordinates (Paxinos and Watson, 1998): dorsal hippocampus –4.3 mm rostral to bregma, 3 mm lateral to midline and –2.8 mm from the skull surface, ventral hippocampus –5.6 mm rostral to bregma, 5 mm lateral to midline and –7 mm from the skull surface. For each injection site, 4  $\mu$ l containing  $2.5 \times 10^{10}$  vg of each vector was delivered using a microdialysis pump (Stoelting) set at 0.25  $\mu$ l/min.

## Immunohistology

One or three months after injection, rats were anaesthetized with 4% isoflurane before receiving a lethal dose of

pentobarbital (60 mg/ml). Animals were then fixed by cardiac perfusion with 0.9% NaCl followed by 4% paraformaldehyde (PFA) in 0.01 M PBS. The brain was collected, post-fixed overnight in 4% PFA at +4°C and transferred in a 30% sucrose solution in PBS for cryoprotection before sectioning on a freezing microtome (Leica). Fourteen series of 30- $\mu$ m sections were collected, spanning the entire hippocampus.

For free-floating immunohistochemistry, sections were incubated for 30 min with 0.3% H<sub>2</sub>O<sub>2</sub> in PBS. After rinsing in PBS 0.01 M, 0.2% Triton<sup>™</sup> X-100 (Sigma), sections were incubated 1 h with the blocking solution containing normal goat serum (NGS) in PBS and transferred into primary antibody solutions for incubation overnight at +4°C. After rinsing, sections were incubated with the appropriate secondary antibody diluted to 1/1000 into blocking solution for 1 h at room temperature followed by 30 min incubation in Vectastain ABC Kit (Vector Laboratories) and revelation using the DAB Peroxidase Substrate Kit with nickel (Vector Laboratories).

For free-floating immunofluorescence, sections were incubated directly in blocking solution before transfer into primary antibody solutions for incubation overnight at +4°C. After rinsing, sections were then transferred into Alexa-coupled secondary antibodies (Thermo Fisher) to 1/500 into blocking solution for incubation 1 h at room temperature. AT8 immunostaining was amplified using CY3-coupled streptavidin diluted to 1/500 in blocking solution (Sigma-Aldrich). For primary antibody dilutions, see Supplementary Table 3.

## Gallyas silver impregnation

Gallyas silver impregnation was performed as described in the Supplementary material. Blind semiquantitative scoring was performed on each section spanning the entire hippocampus using the following criteria: 0, no gallyas positive cell; 1, a few isolated cells; 2, isolated cells on a large portion of the hippocampus or clusters on a small portion of the hippocampus; 3, clusters on a large portion of the hippocampus; and 4, clusters on the entire hippocampus. Scores were summed for each animal and the mean Gallyas score was compared between groups.

## Image analysis

Z-stack images of AT100 and AT8/vimentin immunostainings were acquired at 20 $\times$  (10  $\mu$ m depth, 1  $\mu$ m steps and 12  $\mu$ m depth, 2  $\mu$ m steps, respectively) using an Axio Scan.Z1 (Zeiss). For AT100 staining, z-projection images were then converted into JPEG files and reduced to 70% of full resolution size. Manual counting of AT100 positive somas was then performed using ImageJ software (cell counting plugin) on all sections of a series, spanning the entire hippocampus. Manual segmentation of the vimentin-positive region was performed on the AT8/vimentin sections using Morpho Strider software (Explora Nova) followed by

thresholding. The mean Vimentin-positive volume was then compared between groups. AT8/ Iba1 and HT7 immunolabelled sections were scanned at 20× using a NanoZoomer (Hamamatsu). Manual segmentation of the entire hippocampus was then performed before thresholding of each fluorescent channel (FITC for Iba1 and HT7, TRITC for AT8) using Visiopharm Integrator System software (Visiopharm). Preprocessing of images was performed prior to thresholding using a series of image transformations implemented into the software, enabling more accurate segmentation of the staining. The mean percentage of hippocampus volume occupied by AT8-positive staining and total AT8 and HT7 burden [the mean fluorescence intensity (MFI) multiplied by the AT8 or HT7-positive area] were then computed. For Iba1 quantification, estimation of Iba1-positive volume was computed after thresholding.

## Stereology

Unbiased stereological counting of Cornu ammonis 1/2 (CA1/2) pyramidal neurons was performed using Stereo Investigator software (MBF Bioscience) on every 14th section (30- $\mu$ m thick sections) spanning the entire hippocampus. Z-stacks (1  $\mu$ m steps) of 40× images of NeuN staining were acquired on a spinning-disk confocal microscope (BX51WI, Olympus) and analysed with the optical fractionator. The tissue thickness was measured at every unbiased counting space (UVCS) location and was found to be  $17.38 \pm 2.50 \mu\text{m}$  [mean  $\pm$  standard deviation (SD)]. The height of the UVCSs was set to 10  $\mu$ m with a 2  $\mu$ m guard zone above and below. The base area of the UVCSs was set to  $20 \times 20 \mu\text{m}$  with a grid size of  $100 \times 100 \mu\text{m}$ . This led to a number of investigated fields per animal of  $557 \pm 78$  and to a number of counted cells of  $511 \pm 105$  per animal. As a result, the coefficient of error was on average smaller than 0.05 (Schmitz, 1998; Schmitz and Hof, 2005).

## Biochemical analysis

One or three months after injection, six rats per group were anaesthetized with 4% isoflurane before receiving a lethal dose of pentobarbital (60 mg/ml). Brains were then extracted and briefly rinsed in 0.1 M PBS before dissection of the hippocampus. One hemisphere served for biochemical analysis, the other one for real-time quantitative polymerase chain reaction (RT-qPCR) study. For details on sample preparation, see Supplementary material.

## Extraction of sarkosyl-insoluble tau

Sarkosyl extraction was performed as described in the Supplementary material. Briefly, 0.23% Triton was added to each sample. The sample was then sonicated before centrifugation at 5000g for 10 min at +4°C. The supernatant was collected for ultracentrifugation at 100 000g for 1 h at +4°C. The pellet was resuspended in 1% sarkosyl,

sonicated and went through a second ultracentrifugation at 100 000g for 1 h at +4°C. The pellet containing the sarkosyl insoluble fraction was then resuspended in 100  $\mu$ l of  $2 \times$  LDS.

## Western blot

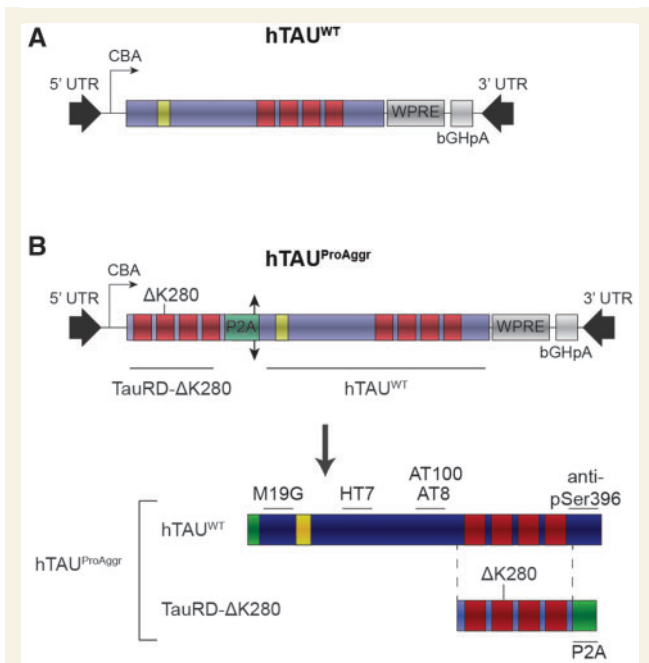
Immunoblotting was performed as described in the Supplementary material. Briefly, samples were loaded onto a 4–12% Bis-Tris NuPAGE® Novex® gel (Invitrogen), followed by transfer onto a 0.45  $\mu$ m nitrocellulose membrane using the Novex system from Life Technologies (XCell II™ blot module). The membrane was then incubated either with or without blocking solution for 1 h at room temperature and transferred into the antibody diluted in the blocking solution (or without) for incubation overnight at +4°C. The membrane was then incubated for 1 h with the appropriate secondary antibody diluted in the blocking solution (or without). Signal was visualized using either ECL western blotting detection reagents (GE Healthcare) or Odyssey CLX Imager (LI-COR Biosciences). For antibody dilutions and blocking solutions, see Supplementary Table 3.

## Real-time quantitative PCR

RT-qPCR was performed as described in the Supplementary material. Briefly, fresh hippocampus structure was lysed in 1 ml of TRIzol® using Precellys®24 homogenizer (Bertin Technologies) and total RNA (including miRNAs) isolated using miRNeasy mini kit (QIAGEN), following the manufacturer's instructions. In parallel, an additional series of fixed histological sections was used to extract mRNAs using E.Z.N.A.® FFPE RNA Kit (R6954-01; Omega Biotek) following the supplier's guidelines. For each animal, the hippocampus was first dissected out from 11 coronal fixed 30- $\mu$ m thick sections, giving rise to 3–6  $\mu$ g mRNA. RNAs (0.125  $\mu$ g) were then reverse-transcribed into cDNA using SuperScript™ VILO™ cDNA Synthesis Kit (Invitrogen). RT-qPCR was then performed using iTaq™ Universal SYBR® Green Supermix (Bio-Rad) and primers (Bio-Rad or Eurofin Genomics) specific to different targets on 1 ng of cDNA, using 3 nM of primers. Reactions were run in triplicates in 384-well PCR plates and the cDNA of four non-injected Wistar rats served as an inter-plate reference. Cycle threshold (Ct) values were generated using Bio-Rad CFX manager software (regression mode).

## Quantification of CSF total tau

Terminal CSF sampling from the cisterna magna was performed on all animals used in this study ( $n = 124$ ). CSF samples (100–150  $\mu$ l) were then vortexed before centrifugation at 4000g for 10 min at 4°C. Samples were then aliquoted by 30  $\mu$ l and stored at –80°C. For human total tau dosage (V-plex, Meso Scale Diagnostics), triplicates of each aliquot diluted to 1/4 in diluent 35 (Meso Scale Diagnostics) were loaded onto plates. Dosage was then



**Figure 1 Schematic representation of tau vectors used.** All constructs were expressed under the CBA promoter and contained the WPRE expression-enhancing sequence as well as bGHpA tail. Human wild-type (**A**, hTAU<sup>WT</sup>) 1N4R tau isoform was used, containing only one N-terminal repeat (yellow) and four microtubule-binding domains (MBDs, red). A bi-cistronic construct (**B**, hTAU<sup>ProAggr</sup>) was also used to co-express hTAU<sup>WT</sup> and a pro-aggregation peptide (TauRD-ΔK280) composed of the four MBDs of human tau, bearing the ΔK280 pro-aggregation mutation. A single chimeric protein gives rise, after cleavage of the P2A sequence (double arrow head) into the cell, to a 1:1 expression ratio of hTAU<sup>WT</sup> and TauRD-ΔK280. Location on tau protein and on the pro-aggregation peptide of epitopes recognized by the different antibodies used in this study are indicated.

performed following manufacturer's instructions. CSF samples that were heavily contaminated with blood during collection were excluded from further analysis.

## Statistical analysis

Results are presented as mean  $\pm$  standard error of the mean (SEM). Statistical analysis was carried out using Statistica 13 software (Statsoft, Tulsa, OK, USA). Prior to analysis, the data were assessed for normality and homogeneity of variance. If they fulfilled the criteria for general linear model, they were analysed by one-way ANOVA followed by Bonferroni's *post hoc* tests for pairwise comparisons. Otherwise, a non-parametric equivalent was used. In case of non-homogeneity of variances, data were transformed and the appropriate statistical test used. All data are presented here in their original form including those that necessitated transformation. When no statistical difference between PBS and utGFP groups could be observed, those were pooled into a single control group for comparison to tau constructs. For correlation studies, data were assessed for normality,

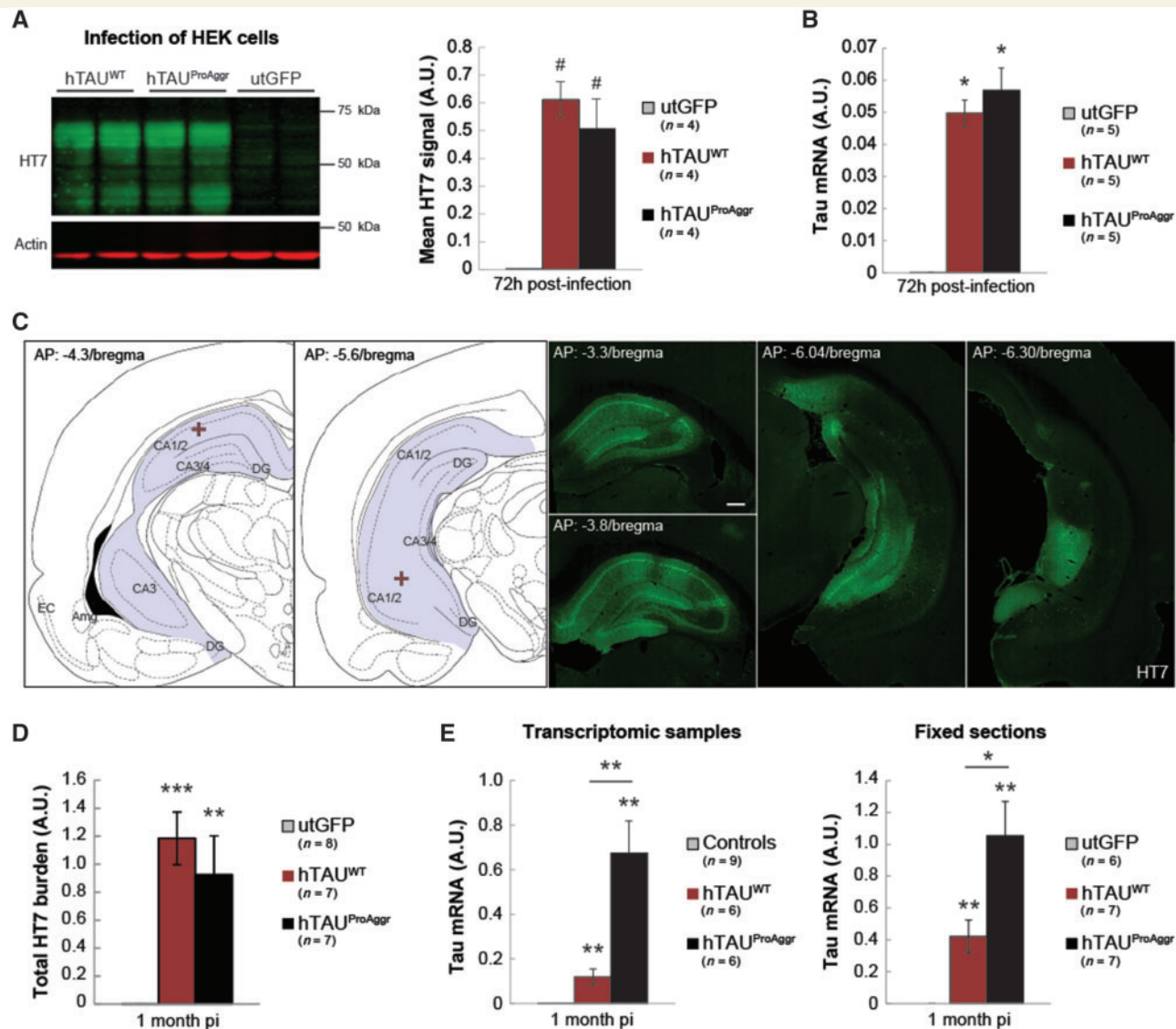
followed by Pearson correlation test. This was performed uniquely on tau groups with exclusion of control animals. Annotations used to indicate level of significance are as follows: \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

## Results

### Generation of two models of pure tauopathy by AAV-mediated gene transfer of human tau

One model of pure tauopathy was generated using AAV-mediated gene transfer of the 1N4R isoform of wild-type (hTAU<sup>WT</sup>, Fig. 1A) human tau. A bi-cistronic construct (hTAU<sup>ProAggr</sup>, Fig. 1B) was used to express a chimeric protein containing hTAU<sup>WT</sup> linked through a 2A peptide sequence (P2A) to a pro-aggregation peptide (TauRD-ΔK280). TauRD-ΔK280 consists of the four repeat-domains of tau protein carrying the ΔK280 mutation (Supplementary Table 2). Previous studies showed that mild overexpression of this peptide in transgenic mice is sufficient to trigger the formation of mature NFTs (Mocanu *et al.*, 2008; Van der Jeugd *et al.*, 2012). Here, cleavage of P2A sequence resulted in the release of both TauRD-ΔK280 and hTAU<sup>WT</sup> as confirmed *in vitro* and *in vivo* (Supplementary Fig. 1). In HEK cells infected with either vector, hTau expression was similar in both the hTAU<sup>WT</sup> and hTAU<sup>ProAggr</sup> groups as no difference between constructs could be observed in either protein [Fig. 2A; Kruskal-Wallis non-parametric test,  $H(2) = 8.00$ ,  $P < 0.05$ , Bonferroni pairwise multiple comparisons test] or mRNA [Fig. 2B; Kruskal-Wallis non-parametric test,  $H(2) = 9.62$ ,  $P < 0.01$ , Bonferroni *post hoc* test] levels when HEK cells were infected with either vector.

For *in vivo* studies, AAVs were delivered bilaterally by stereotaxic surgery to both the dorsal and ventral parts of the hippocampus. One month after injection, extensive expression of tau was detected, spanning the entire hippocampus on the antero-posterior axis, with expression observed in most of the hippocampal subfields, including CA1/2 and CA3/4 subregions as well as the dentate gyrus (Fig. 2C). Human tau expression was first assessed by quantifying the total tau protein levels with HT7 immunostaining across the whole hippocampus [Fig. 2D; one-way ANOVA,  $F(2,19) = 11.92$ ,  $P < 0.001$ , Bonferroni *post hoc* test]. The total HT7 burden (area  $\times$  signal intensity) was similar between hTAU<sup>WT</sup> and hTAU<sup>ProAggr</sup> groups while no staining was detected in the utGFP group [Fig. 2D; one-way ANOVA,  $F(2,19) = 11.92$ ,  $P < 0.001$ , Bonferroni *post hoc* test]. Nonetheless, RT-qPCR for transgene mRNA showed higher transgene expression *in vivo* in the hTAU<sup>ProAggr</sup> group compared to the hTAU<sup>WT</sup> group at this time-point [Fig. 2E; Kruskal-Wallis non parametric test,  $H(2) = 15.16$ ,  $P < 0.001$  and  $H(2) = 14.89$ ,  $P < 0.001$ , Bonferroni pairwise multiple comparisons test, respectively, for transcriptomic samples and fixed sections].

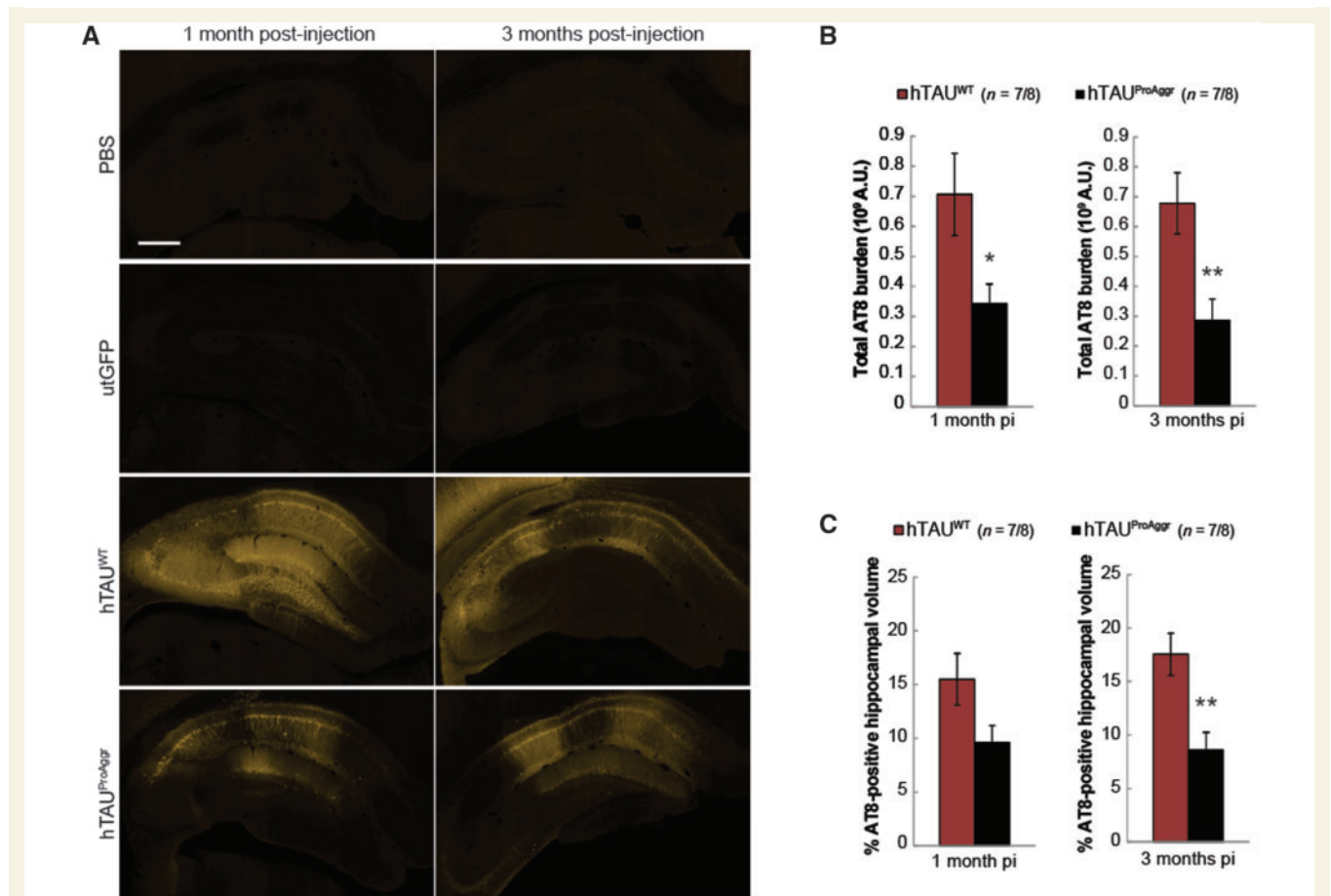


**Figure 2 Tau transgene expression levels.** (A) Representative blot for human tau (HT7) expression at 72 h post-infection of HEK cells and quantification of tau expression, normalized to actin, show similar protein expression in hTAU<sup>WT</sup> and hTAU<sup>ProAggr</sup> groups. (B) RT-qPCR for the tau transgene in HEK cells confirms similar transgene expression in both tau groups. (C) Schematic representation of injection coordinates (red cross) and representative images of tau staining (HT7) in a hTAU<sup>ProAggr</sup> animal at 1 month post-injection (pi) show strong transgene expression in a large portion of the hippocampus. (D) The total HT7-positive hippocampus burden is not different between groups, suggesting similar levels of tau protein. (E) RT-qPCR for human tau (*MAPT*) mRNA on transcriptomic samples of fixed sections shows, however, higher mRNA levels in the hTAU<sup>ProAggr</sup> group compared to hTAU<sup>WT</sup> animals. Asterisks above each bar represent the result of *post hoc* comparisons to utGFP group (A, B, D and E). #*P* = 0.086, \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001.

The ability of both constructs to induce hyperphosphorylation of tau was then assessed using the AT8 antibody (Fig. 3). One month after injection, widespread hyperphosphorylation of tau was detected in most of the hippocampal subfields (Fig. 3A). This hyperphosphorylation was associated in both tau groups with mislocalization of the protein to the somatodendritic compartment. Both tau constructs were thus able to induce missorting of pathological hyperphosphorylated tau. Conversely, no AT8 staining was observed in PBS or utGFP control groups (Fig. 3A).

Quantification of AT8 immunofluorescent staining revealed differences between groups in the extent of tau

hyperphosphorylation. Hence, total AT8 burden (Fig. 3B) was found to be higher in the hTAU<sup>WT</sup> group at both 1 and 3 months post-injection compared to hTAU<sup>ProAggr</sup> animals [independent *t*-tests,  $t(12) = 2.404$ ,  $P < 0.05$  and  $t(14) = -3.147$ ,  $P < 0.01$ , respectively]. Similar group differences were observed at 3 months post-injection when looking at the percentage of AT8-positive hippocampal volume [Fig. 3C; independent *t*-test,  $t(14) = -3.487$ ,  $P < 0.01$ ]. Thus, while hTAU<sup>WT</sup> induced the strongest hyperphosphorylation, co-expression of hTAU<sup>WT</sup> with the pro-aggregation peptide in the hTAU<sup>ProAggr</sup> group was associated with reduced AT8 reactivity.



**Figure 3** Extent of tau hyperphosphorylation produced by our vectors. (A) Strong AT8 tau pathology is observed in a large portion of the hippocampus after 1 month of transgene expression. Scale bar = 500  $\mu$ m. (B and C) Quantification of AT8 total burden (B) and of the percentage of AT8-positive hippocampal volume (C) shows differences between constructs in the extent of tau hyperphosphorylation. Asterisks above each bar represent results of the *post hoc* comparison to hTAU<sup>WT</sup>. \* $P < 0.05$ , \*\* $P < 0.01$ . pi = post-injection.

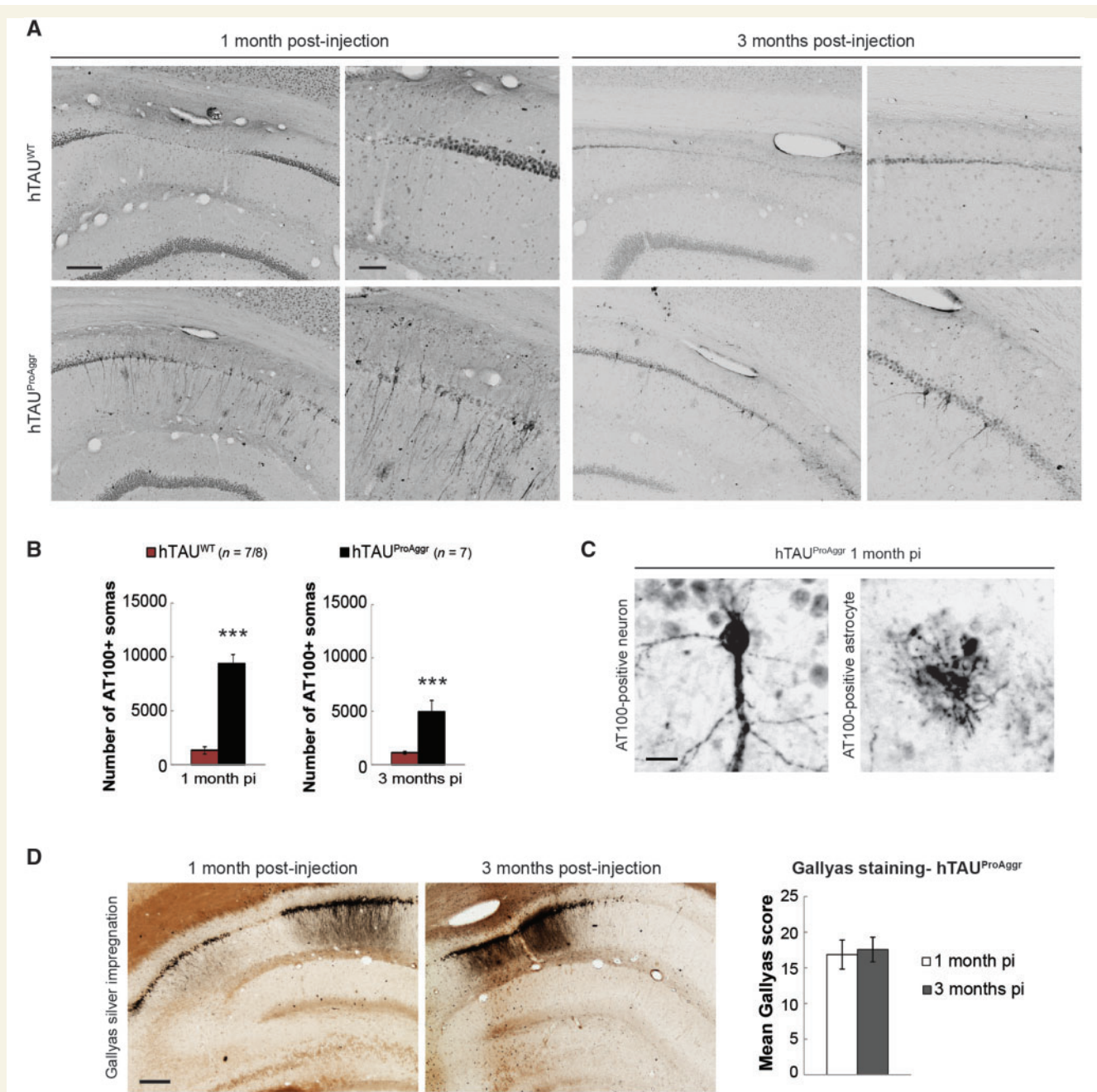
## Tau constructs differ by the stage of aggregation and the nature of tau aggregates

The AT100 antibody, detecting a late stage phospho-epitope found mostly in intracellular NFTs in human (Allen *et al.*, 2002; Augustinack *et al.*, 2002), was used as a marker of aggregation (Fig. 4A). Neuronal somatic and neuritic staining was found in all hippocampal subfields only in the hTAU<sup>ProAggr</sup> group from 1 month post-injection. In addition, some astrocyte-like AT100-positive profiles were also observed in this group (Fig. 4C). In contrast, the overexpression of hTAU<sup>WT</sup> construct did not lead to significant tau aggregation up to 3 months post-injection. Counting of AT100-positive neurons indeed showed larger numbers in the hTAU<sup>ProAggr</sup> group when compared to hTAU<sup>WT</sup> [Fig. 4B; independent *t*-tests  $t(12) = 16.45$ ,  $P < 0.001$  and Mann-Whitney U-test  $U = 0.00$ ,  $P < 0.001$  at 1 and 3 months post-injection, respectively]. The AT100 epitope being located outside of the repeated regions (Fig. 1B), only aggregates containing full-length tau were

visualized with this antibody. Seeding of hTAU<sup>WT</sup> by pro-aggregation peptide was suggested by their co-localization (Supplementary Fig. 2A). Thus, the co-expression of TauRD- $\Delta$ K280 with hTAU<sup>WT</sup> in the hTAU<sup>ProAggr</sup> group strongly promoted the aggregation of wild-type human full-length tau, which alone was not able to aggregate. In contrast, no AT100 staining could be observed in PBS or utGFP animals (Supplementary Fig. 3).

The stage of tau aggregation was then assessed using Gallyas silver impregnation, a staining that specifically detects mature NFTs (Fig. 4D). The hTAU<sup>ProAggr</sup> construct led to the formation of numerous mature argyrophilic NFT-like structures. Those aggregates were also positive for thioflavin S (Supplementary Fig. 2B), another marker of end-stage aggregation. Blind semiquantitative scoring of Gallyas staining revealed strong aggregation in the hTAU<sup>ProAggr</sup> group with no evolution between 1 and 3 months post-injection [Fig. 4D; independent *t*-test,  $t(12) = 0.252$ ,  $P = 0.805$ ]. In contrast, no Gallyas-positive soma could be observed in hTAU<sup>WT</sup> or control animals (Supplementary Fig. 4).

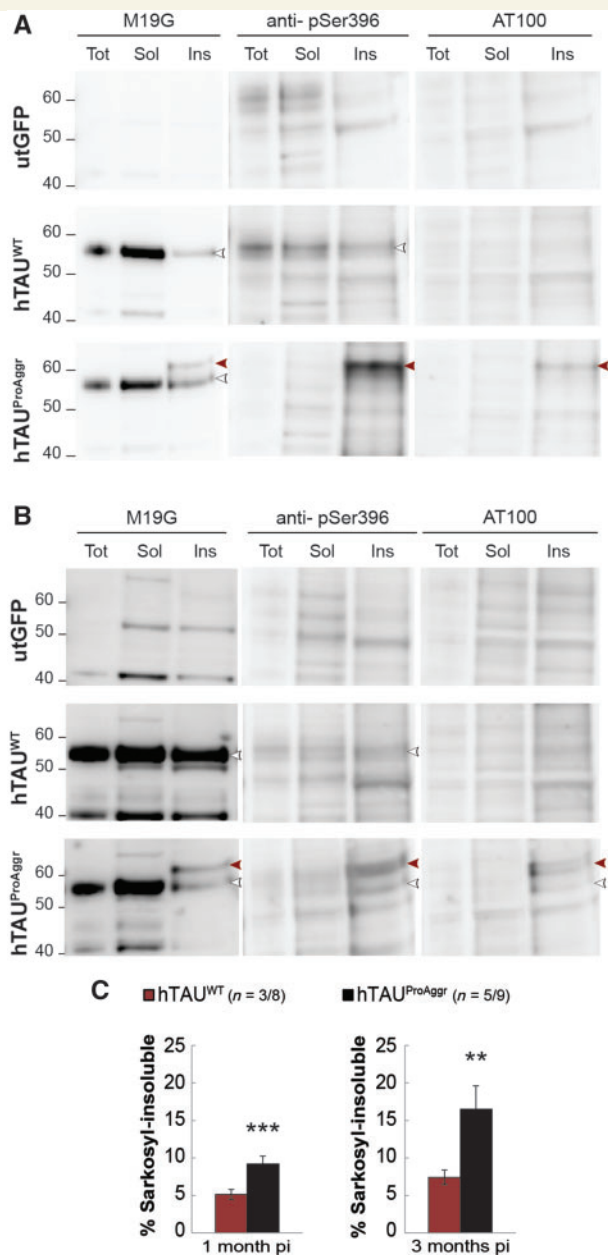




**Figure 4** Tau constructs differ in their ability to aggregate. (A) Representative images of AT100 staining show neuritic and somatic aggregation mainly in hTAU<sup>ProAggr</sup> group. Scale bars: 150  $\mu$ m (left) and 50  $\mu$ m (right). (B) Estimation of the total number of AT100-positive somas in the entire hippocampal formation. Asterisks above each bar represent results of a *t*-test between groups. \*\*\**P* < 0.001. (C) Both neuronal and astrocyte-like AT100-positive lesions are observed in the hTAU<sup>ProAggr</sup> group. Scale bar = 20  $\mu$ m. (D) Representative images of Gallyas staining showing NFT-like lesions in hTAU<sup>ProAggr</sup> animals (Scale bar = 200  $\mu$ m) and blind semiquantitative scoring of Gallyas-positive NFT pathology on the entire hippocampus at 1 and 3 months post-injection (pi).

The nature of tau aggregates produced by the different constructs was then further assessed using sarkosyl extraction of insoluble material (Fig. 5). Western blots using antibodies recognizing N-terminal (M19G) and pathological phosphorylation epitopes (anti-pSer396, AT100) of tau were run on crude hippocampus homogenates, sarkosyl-soluble and sarkosyl-insoluble fractions. They revealed the presence of sarkosyl-insoluble material in

both tau groups at 1 and 3 months post-injection (Fig. 5A and B, respectively), characterized by a band at the molecular weight of monomeric tau (just below 60 kDa). However, fibrillar material was more readily detected in hTAU<sup>ProAggr</sup> group compared to the hTAU<sup>WT</sup> group. Indeed, in the sarkosyl-insoluble fraction of the hTAU<sup>ProAggr</sup> group, all antibodies revealed another band above 60 kDa, representing an abnormal phosphorylated



**Figure 5 Biochemical characterization reveals variability in the nature of aggregates produced by tau vectors.**

(A) Western blot 1 month post-injection using M19G detected tau in the sarkosyl-insoluble fraction (Ins) of both hTAU<sup>WT</sup> and hTAU<sup>ProAggr</sup> groups at the molecular weight of monomeric tau (white arrowhead). A higher band (red arrowhead) was also detected in hTAU<sup>ProAggr</sup> group with M19G, AT100 and anti-pSer396 antibodies. This suggests higher phosphorylation and aggregation in this group. (B) Three months post-injection, western blot of sarkosyl-insoluble fraction using the same antibodies yielded similar results. Tot = total homogenate; Sol = sarkosyl-soluble fraction; Ins = sarkosyl-insoluble fraction. Anti-pSer396 blots were reblotted directly on AT100 blots without stripping of the membrane. Uncropped blots are presented in Supplementary Fig. 5.

(C) Quantification of the sarkosyl-insoluble fraction as a percentage of both sarkosyl-soluble and insoluble fractions from western blots revealed with M19G antibody. Asterisks above each bar represent the result of *post hoc* comparison to controls. \*\* $P < 0.01$ , \*\*\* $P < 0.001$ . pi = post-injection.

variant of tau. This additional band was the only one stained with AT100 antibody, an epitope mostly found in PHFs (Allen *et al.*, 2002; Augustinack *et al.*, 2002). No form of tau was observed in the utGFP group. Quantification of sarkosyl-soluble and sarkosyl-insoluble fractions in both tau groups confirmed a strong shift toward highly aggregated species in the hTAU<sup>ProAggr</sup> group [Fig. 5C, independent *t*-tests,  $t(16) = 7.183$ ,  $P < 0.001$  and  $t(7) = 4$ ,  $P < 0.01$ , respectively, at 1 and 3 months post-injection]. No difference could be observed in total tau (Supplementary Fig. 6).

## The toxicity of tau constructs is inversely related to their ability to aggregate

To determine if differential aggregation was associated with differences in the toxicity of tau constructs, stereological counting of CA1/2 pyramidal neurons within the whole hippocampus was performed on NeuN staining (Fig. 6A). A significant reduction in the mean total number of neurons was observed in the hTAU<sup>WT</sup> (−27%) group at 1 month post-injection when compared to controls [Fig. 6B, one-way ANOVA,  $F(2, 22) = 10.51$ ,  $P < 0.001$ , Bonferroni *post hoc* test]. Interestingly, the extent of neurodegeneration seemed fairly stable over time in the hTAU<sup>WT</sup> group [−26% at 3 months post-injection compared to controls, one-way ANOVA,  $F(2, 21) = 10.08$ ,  $P < 0.001$ , Bonferroni *post hoc* test]. Conversely, no significant neuronal loss could be observed at any of the time-points in hTAU<sup>ProAggr</sup> animals. Those observations were confirmed using additional markers of neurodegeneration, including measures of total hippocampus volume and estimation of the volume occupied by CA1/2 pyramidal neurons (Supplementary Fig. 7A and B). More severe neurodegeneration in hTAU<sup>WT</sup> group was associated with higher levels of total tau into CSF when compared to controls [Fig. 6C, Kruskal-Wallis between groups comparison at each time-point,  $H(2) = 29.336$ ,  $P < 0.001$  and  $H(2) = 22.684$ ,  $P < 0.001$  for 1 month and 3 months post-injection, respectively, Bonferroni pairwise multiple comparisons test]. In addition, a negative correlation was observed between AT8 burden and total number of neurons (Fig. 6D, Pearson correlation test  $R^2 = 0.2601$ ,  $P = 0.077$  and  $R^2 = 0.7871$ ,  $P < 0.001$  at 1 and 3 months post-injection, respectively) as well as volumetric measures (Supplementary Fig. 7C). Total tau in the CSF seemed strongly correlated to hippocampal volume (Supplementary Fig. 7D) but failed to correlate with total number of neurons (Fig. 6E; Pearson correlation test,  $R^2 = 0.2967$ ,  $P = 0.1035$ ).

We assessed both microgliosis and astrogliosis in our models using microglial (Iba1, Fig. 7A) and astroglial (vimentin, Fig. 7B) markers, respectively. Microglial activation was observed in both tau groups at 1 month post-injection when compared to controls [Fig. 7C, one-way ANOVA,  $F(2, 24) = 19.438$ ,  $P < 0.01$ , Bonferroni *post hoc*

test], with a higher activation observed in hTAU<sup>ProAggr</sup> compared to hTAU<sup>WT</sup>. At 3 months post-injection, microgliosis almost completely resolved in all groups [one-way ANOVA,  $F(2,29) = 0.997$ ,  $P = 0.381$ ]. Activated astrocytes in those two groups were also spatially associated with strong tau overexpression around the injection site (Fig. 7B). Quantification of vimentin staining showed strong astrogliosis in all tau groups while no reactivity could be observed in control animals at any of the time-points observed [Fig. 7D, Kruskal-Wallis between groups comparison at each time-point,  $H(2) = 13.073$ ,  $P < 0.01$  and  $H(2) = 15.295$ ,  $P < 0.001$  for 1 month and 3 months post-injection, respectively, Bonferroni pairwise multiple comparisons test]. In addition, astroglial activation was found to persist over time.

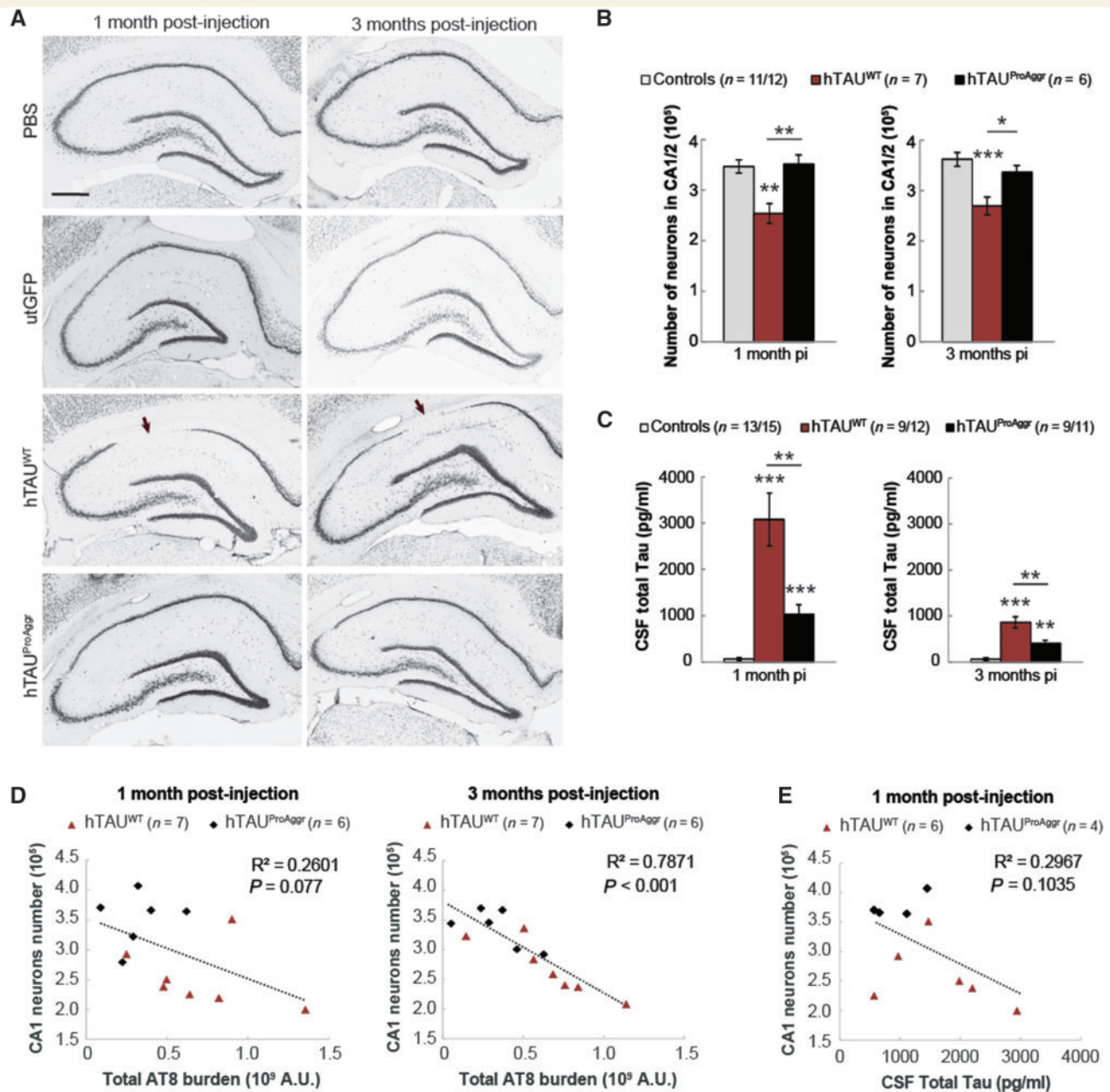
## Discussion

Here we have created a novel model of tauopathy (termed hTAU<sup>ProAggr</sup>) in rats displaying high levels of argyrophilic aggregated tau species in the hippocampus 1 month after injection of AAVs. The versatility of this approach allowed us to compare the neurotoxic effects exerted by fully mature aggregates to the effects of soluble tau species present in the companion hTAU<sup>WT</sup> model up to 3 months after injection of AAVs. Our data support the current line of thought that soluble forms of tau are highly noxious. In contrast, fibrillary aggregates are fairly innocuous at first and they offer neuroprotection to neighbouring neurons. Further studies on a longer-term will be necessary to draw a definite conclusion about the lack of neurotoxicity of NFTs.

In our study, gene transfer of the human wild-type tau protein in the hTAU<sup>WT</sup> model led to the induction of an early stage tauopathy. Indeed, in this group a strong hyperphosphorylation of the protein and mislocalization to dendrites and soma were detected with AT8 immunostaining over a large portion of the hippocampus, both being features of an early stage tauopathy. This was accompanied by very limited aggregation, as indicated by a small number of AT100-positive neuronal somas, lack of argyrophilic lesions and little sarkosyl-insoluble material. This was associated to a significant neuronal loss, detectable atrophy of the whole hippocampus, elevated total tau levels in CSF and major astrocytic activation, consistent with most vector-derived models (Jaworski *et al.*, 2009). The precise nature of the soluble toxic species in play here remains elusive. One of our major findings was the very tight negative correlation between tau hyperphosphorylation and CA1/2 neurons number as pathology progresses. This confirms that the pathological hyperphosphorylation of tau on Ser 202/205 is key to tau toxicity. It is in agreement with previous studies that indicated that phosphorylation on Thr212, Thr231 and Ser262 residues causes neurodegeneration (Alonso *et al.*, 2010). It is also consistent with *in vitro* observations that tau phosphorylation extends the

oligomerization phase and delays fibrillation (Kumar *et al.*, 2014; Tepper *et al.*, 2014). In addition, our results indicate that the AT8 epitope may be less accessible in mature tau aggregates since the intensity of AT8 immunolabelling in the hTAU<sup>ProAggr</sup> was reduced compared to that of hTAU<sup>WT</sup> group. Alternatively, it could be that the reduced phosphorylation on AT8 epitope participated in the increased aggregation observed in the hTAU<sup>ProAggr</sup> group. Further experiments should be performed to determine if tau oligomeric species are involved in the hTAU<sup>WT</sup> group since a growing body of evidence suggests that they represent the major contributor to tau-induced neuronal and synaptic toxicity (Berger *et al.*, 2007; Lasagna-Reeves *et al.*, 2012a; Kumar *et al.*, 2014; Tai *et al.*, 2014). In addition, soluble hyperphosphorylated tau has been shown to sequester normal tau and to cause microtubule depolymerization, which could also lead to neuronal death (Alonso *et al.*, 1994, 1996, 2006).

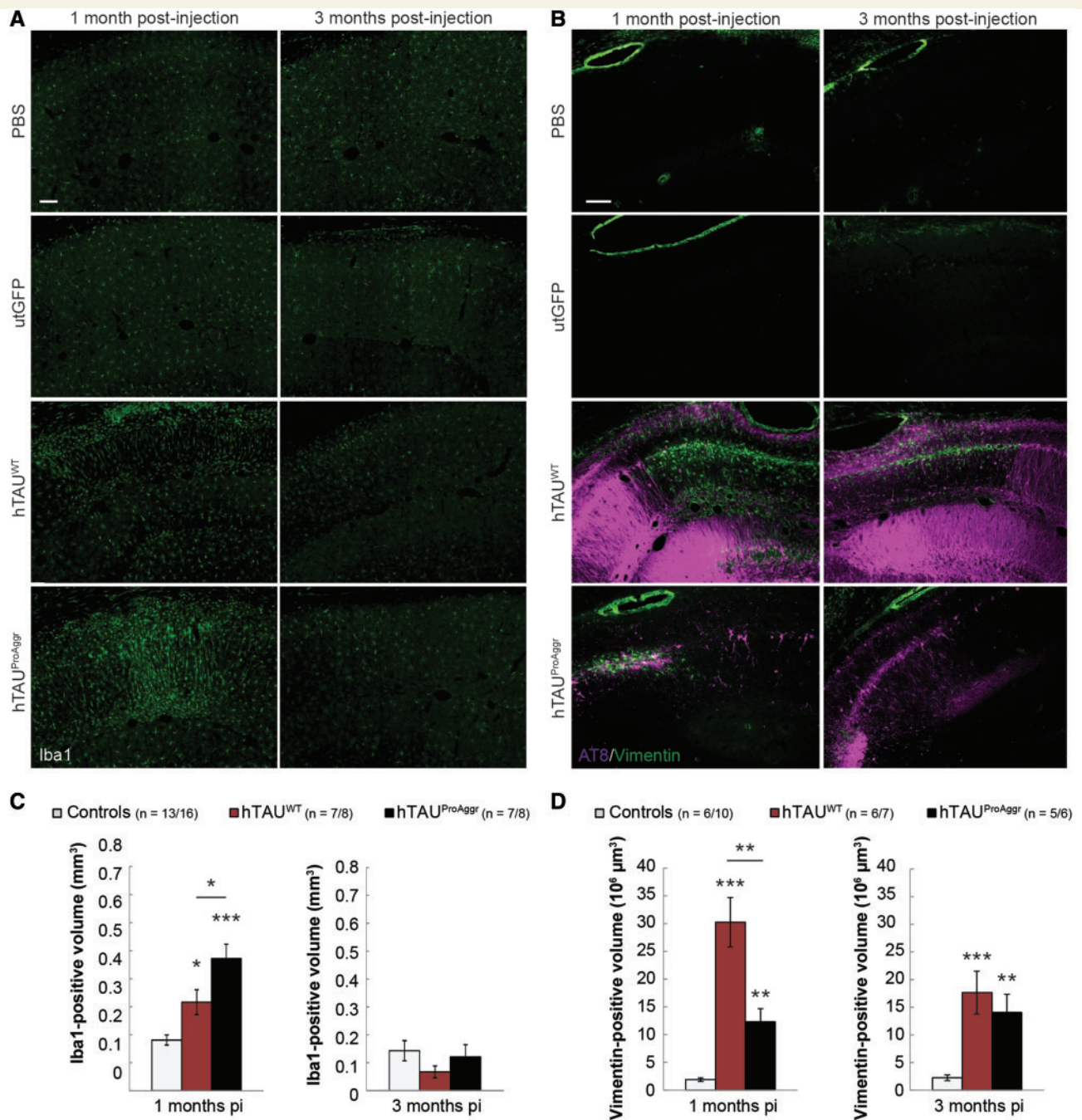
In parallel, we developed a novel AAV construct termed hTAU<sup>ProAggr</sup>, based on the co-expression of hTAU<sup>WT</sup> and a pro-aggregation seed TauRD- $\Delta$ K280. TauRD- $\Delta$ K280 consists of the four-repeat domain of the tau protein, carrying the  $\Delta$ K280 mutation. This mutation, responsible for rare cases of frontotemporal dementia (Rizzu *et al.*, 1999), is highly fibrillogenic (Barghorn *et al.*, 2000) and diminishes the ability of tau to promote microtubule assembly (Rizzu *et al.*, 1999). Previous studies showed that in transgenic mice mild overexpression of TauRD- $\Delta$ K280 is sufficient to trigger the formation of sarkosyl-insoluble fibrils and Gallyas-positive NFT-like lesions (Mocanu *et al.*, 2008). We reasoned that concomitant co-expression of hTAU<sup>WT</sup> and TauRD- $\Delta$ K280 within the same cell would promote the formation of mature NFTs through the seeding action of TauRD- $\Delta$ K280 onto full length hTAU<sup>WT</sup>. Indeed, from 1 month after vector injection, we detected on histological sections not only hyperphosphorylation of tau on the AT8 epitope and mislocalization to soma and dendrites but also the presence of AT100-positive misfolded tau in neuronal somas and large amounts of Gallyas-positive material, indicative of fully mature NFTs. Biochemical analysis of sarkosyl-insoluble fractions confirmed the presence of hyperphosphorylated fibrillary material. In comparison to the hTAU<sup>WT</sup> group, total tau in CSF in the hTAU<sup>ProAggr</sup>, was much less increased compared to controls. This observation is reminiscent of the negative relationship detected between CSF amyloid- $\beta$  and amyloid plaque numbers in Alzheimer's disease patients. One hypothesis is that, in this hTAU<sup>ProAggr</sup> model, soluble oligomeric tau species are trapped into mature aggregates limiting their release from the parenchyma into the CSF. Microgliosis was transient whereas astrogliosis persisted up to 3 months post-injection. A major finding here was the preservation of neuronal survival in the hippocampus of rats injected with the hTAU<sup>ProAggr</sup> vector compared to the hTAU<sup>WT</sup> group up to 3 months post-injection. This was supported by normal and stable volume of the whole hippocampus as well as normal stereological counts of NeuN-positive



**Figure 6** Toxicity of tau constructs seems inversely related to their ability to aggregate. (A) Representative images of NeuN staining in all groups showing significant loss (arrows) of CA1 pyramidal neurons in hTAU<sup>WT</sup> group from 1 month post-injection (pi). Scale bar = 500  $\mu$ m. (B) Stereological counting of pyramidal neurons in the CA1/2 hippocampal subfields reveals differences in the extent of neuronal loss induced by tau constructs. (C) MSD dosage shows a high level of CSF total tau in hTAU<sup>WT</sup> animals and, to a lesser extent, in hTAU<sup>ProAggr</sup> group. (D) A strong negative correlation was observed between CA1/2 neurons number and the extent of tau hyperphosphorylation on Ser202/205 (AT8 antibody). (E) A nearly significant correlation could be observed between CSF total tau and neuron numbers. Asterisks above each bar represent the result of *post hoc* comparison to controls. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

cells. Hence, our data agree with previous studies in tau *Drosophila* models showing that aggregation of tau into granular tau oligomers (GTOs) was associated with rescue of behavioural deficits and halted neurodegeneration (Ali *et al.*, 2012; Cowan *et al.*, 2015). In addition, not only can tau accumulation be found in morphologically normal neurons (Andorfer *et al.*, 2005; van de Nes *et al.*, 2008; Rocher *et al.*, 2010), but tangle-bearing neurons can be

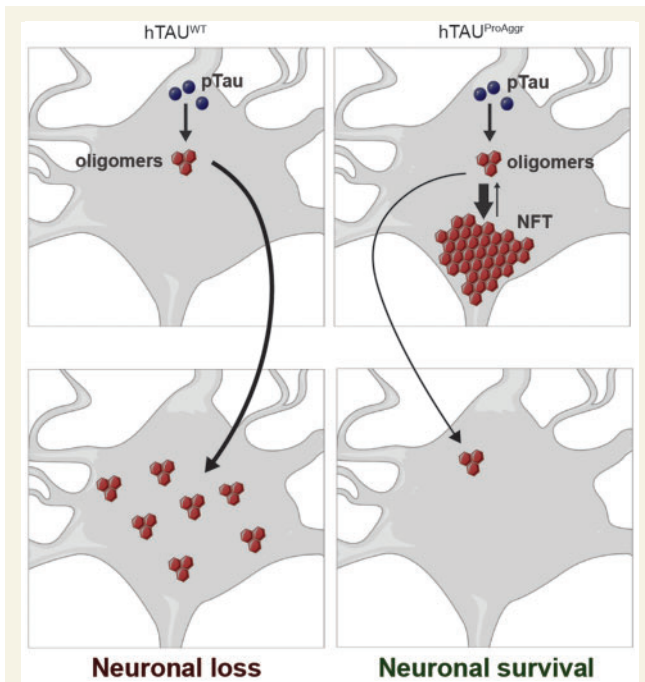
fully integrated into neural networks (Fox *et al.*, 2011; Kuchibhotla *et al.*, 2014; Rudinskiy *et al.*, 2014). Our data obtained in the hTAU<sup>ProAggr</sup> group may seem in contradiction with the severe deleterious effects described in Mandelkow's  $\Delta$ K280 transgenic mice (Mocanu *et al.*, 2008; Sydow *et al.*, 2011a, b; Van der jeugd *et al.*, 2012). However, both sets of data could be reconciled. First, one key finding in their transgenic mice was the



**Figure 7 Strong tau expression is closely associated with glial activation.** (A) Representative images of Iba1 staining showing microglial activation. Morphological changes are observed with polarization of the processes perpendicular to the lesion site suggesting migration of activated microglia. (B) Representative images of AT8/Vimentin co-labelling showing strong astrocytic reactivity. While vimentin-positive astrocytes are localized close to AT8-positive neurons in the hTAU<sup>ProAggr</sup> group, reactive astrocytes in the hTAU<sup>WT</sup> group are localized in regions negative for AT8 staining, forming a glial scar at the site where neurons have died. (C) Quantification of the Iba1-positive volume. (D) Quantification of the Vimentin-positive volume showing strong astrogliosis in both tau groups from 1 month post-injection (pi). Scale bars = 100 μm. Asterisks above each bar represent the result of *post hoc* comparison to controls. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

recruitment of endogenous murine protein with human tau into aggregates. The exact nature of hTAU<sup>ProAggr</sup> NFTs was not assessed in our study so we cannot conclude about a possible inclusion of rat endogenous tau into mature aggregates. However, one possible explanation for the robust

neuroprotective effect of hTAU<sup>ProAggr</sup> may be that strong seeding of TauRD-ΔK280 peptide is exerted on hTAU<sup>WT</sup> instead of on the murine protein, thanks to the locally high 1:1 expression ratio of both. Enhanced aggregation of wild-type human tau would protect from its toxicity. In the same



**Figure 8** Schematic representation of key results obtained in this study and of our hypothesis on the aggregation-dependent toxicity of tau. While the aggregation of hTAU<sup>WT</sup> into mainly soluble species (possibly oligomers) is associated with neurodegeneration, its co-expression with TauRD-ΔK280 in the hTAU<sup>ProAggr</sup> group strongly potentiates its aggregation into NFT-like structures leading to overall neuronal preservation. It is unclear whether tangle-bearing neurons are still alive but the difference between hTAU<sup>WT</sup> and hTAU<sup>ProAggr</sup> in the volume of AT8-positive hippocampus could suggest that aggregation of tau into NFTs could prevent the propagation of small toxic species to neighbouring neurons. Tangle-bearing neurons may die for the benefit of neighbouring neurons.

way, TauRD-ΔK280 peptide being trapped into aggregates, it would not be able to exert the deleterious effects reported by others (Sydow *et al.*, 2011a, b; Hochgrafe *et al.*, 2013). In other words, while both hTAU<sup>WT</sup> and TauRD-ΔK280 may be toxic individually, they counteract each other when present in the same cell by physically interacting with each other. Our finding that argyrophilic NFT-like inclusions in the hTAU<sup>ProAggr</sup> group were associated with overall neuronal preservation further supports the idea that tau inclusions and neurodegeneration are not necessarily synonymous (Santacruz *et al.*, 2005; Spire-Jones *et al.*, 2008; de Calignon *et al.*, 2010). Whether the tau fibrillization process is an active protection mechanism engaged by the cell or solely reflects a conjunction of intracellular conditions favourable to the physical process of aggregation remains to be investigated. Similarly, it is unclear whether neuroprotection of surrounding neurons offered by NFT-bearing neurons comes at their expense. The 50% reduction in AT100-positive cells that we observed in the hTAU<sup>ProAggr</sup> group at 3 months post-injection could indeed suggest a process of degeneration. Further studies should address this issue.

Our study does not evaluate whether NFTs remain innocuous in the long-term, past the 3-month time point. First, it is unknown if such insoluble aggregates would remain or disappear, either through an active clearance mechanism within neurons or via phagocytosis of the NFT-carrying neurons. Our data showing the appearance of AT100-positive ‘astrocyte-like’ cells in areas populated by NFT-carrying neurons as well as sustained vimentin expression suggest an active role of astrocytes that remains to be investigated. Previous studies in various inducible tau transgenic models yielded contrasting outcomes, where several months of transgene suppression resulted in total clearance of NFTs in rTgTauEC mice (Polydoro *et al.*, 2013) whereas tangles persisted in TauRD-ΔK280 mice despite a change in their composition (Sydow *et al.*, 2011a, b; Hochgrafe *et al.*, 2013). More recently, in a cell line with inducible mutant tau expression, tau aggregates were shown to be gradually cleared via the autophagy-lysosome pathway when soluble tau expression was suppressed. Importantly, live imaging of GFP-tagged tau inclusions also demonstrated that these are dynamic structures constantly undergoing fusion and fission events, generating shorter tau species capable of reinstating tau pathology (Guo *et al.*, 2016). Our hTAU<sup>ProAggr</sup> vector provides a suitable tool to address the question of long-term stability and toxicity of large tau aggregates *in vivo* in the brain.

Tau aggregation is thought to follow a stereotyped progression from soluble monomers to fibrils, through dimers and oligomeric species (Sahara *et al.*, 2007; Patterson *et al.*, 2011). Phenotypic variability observed in our models may thus be determined by an imbalance towards one of those species (Fig. 8). Hence, hTAU<sup>WT</sup> construct would predominantly produce small and soluble oligomeric species. Overexpression of the hTAU<sup>ProAggr</sup>, on the other hand, would strongly shift the balance towards production of highly insoluble aggregates (either GTOs or NFTs) leading to an initial lack of toxicity. Hence, the differential toxicity of hTAU<sup>ProAggr</sup> and hTAU<sup>WT</sup> may be associated with differences in the kinetics of aggregation, which may in turn reflect in differential propagation to neighbouring neurons (Fig. 8). Indeed, variants of tau with strong aggregant properties display little propensity to propagate pathology further in the brain (Dujardin *et al.*, 2014). Whether the same tau species are responsible for tau propagation and neurodegeneration still remains to be elucidated (Goedert and Spillantini, 2017). A recent study showed the aggregation process may not be irreversible since *in vitro* tau inclusions constantly undergo fusion and fission (Guo *et al.*, 2016). This suggests that distinct dissociation rates of NFTs into soluble aggregates could also contribute to the specific toxicity of each tau variant. Recent data in tau transgenic models have shown that at CA3 synapses the ΔK280 mutation, which promotes tau aggregation, reduces synaptic transmission while the A152T mutation, which is associated with little tau aggregation, increases transmission (Sydow *et al.*, 2011b; Van der Jeugd *et al.*, 2012; Decker *et al.*, 2016). To this day, it is not clear whether these

effects are mediated through different mechanisms. The pathological cascades involved in our respective models remain to be explored.

Altogether, our findings support the hypothesis that soluble tau species are key players in tau-induced neurodegeneration. They suggest that soluble tau species rather than fully mature aggregates should be targeted at an early stage in patients. Our analyses show that NFT numbers imperfectly reflect the severity of the disease whereas AT8 pathology may be a better index of neurodegeneration. Admittedly, developing therapeutic and imaging agents capable of targeting tau soluble forms may prove challenging, especially when the exact nature of these toxic forms (dimers, trimers, etc.) is still unclear and may differ from one tauopathy to another. Our gene transfer-based models in rats should prove useful in the future to study mechanisms underlying the toxicity of various tau species *in vivo*. They also offer the possibility to test a variety of therapeutic strategies and to use various imaging modalities either in hTAU<sup>WT</sup> rats expressing high amount of toxic soluble tau species or in hTAU<sup>ProAggr</sup> rats with numerous fully mature NFTs.

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## Conflict of interest

D.C., M.G.-G., F.P. and E.D. are full-time employees of Servier and have no other interests to declare. C.S. serves as a paid consultant for and receives benefit from MBF Bioscience, the manufacturer and distributor of the stereology software, StereoInvestigator. However, MBF Bioscience had no any role in study design, data collection and analysis, decision to publish, or preparation of the manuscript. Furthermore, C.S. has not received any honoraria or consultancy fee in writing this manuscript.

## Supplementary material

Supplementary material is available at *Brain* online.

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