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Signatures of graviton masses on the CMB

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Abstract. The impact of the existence of gravitons with non-vanishing masses on the B modes of the Cosmic Microwave Background (CMB) is investigated. We also focus on putative modifications to the speed of the gravitational waves. We find that a change of the graviton speed shifts the acoustic peaks of the CMB and then could be easily constrained. For the case of massive gravity, we show analytically how the B modes are sourced in a manner differing from the massless case leading to a plateau at low l in the CMB spectrum. We also study the case when there are more than one graviton, and when pressure instabilities are present. The latter would occur in doubly coupled bigravity in the radiation era. We focus on the case where a massless graviton becomes tachyonic in the radiation era whilst a massive one remains stable. As the unstable mode decouples from matter in the radiation era, we find that the effects of the instability is largely reduced on the spectrum of B-modes as long as the unstable graviton does not grow into the non-linear regime. In all cases when both massless and massive gravitons are present, we find that the B-mode CMB spectrum is characterised by a low l plateau together with a shifted position for the first few peaks compared to a purely massive graviton spectrum, a shift which depends on the mixing between the gravitons in their coupling to matter and could serve as a hint in favour of the existence of multiple gravitons.

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1 Introduction

A detection of primordial gravitational waves would provide new insight into the inflationary epoch but would also help constraining non-standard features of gravity with a higher degree of precision [1–3]. This would be the case if either the speed of gravitons or modifications of gravity lead to non-vanishing graviton masses. Given that the cosmic microwave anisotropy (CMB) is essentially a linear process all the intricacies, such as screening effects in the non-linear regime, that modifications of gravity possess would be eluded. Hence new clues about the nature of gravity might be obtained this way.

The photons of the CMB are polarised through Thomson scattering. This polarisation leaves an imprint on both the tensor and the scalar perturbations. Interestingly, the CMB polarisation can be decomposed in terms of curlless and divergenceless components. As the curlless component depends only on the initial power spectrum of tensors, it implies that those B-modes when projected on the sky retain some information about the nature of gravitational waves during both matter and radiation dominated eras [4, 5].

Even though General Relativity (GR) has been passing all solar system tests and cosmological constraints with flying colours [6], there might be still room for modifications in new sectors, e.g. with gravitational waves. In particular, it has proved difficult to constrain GR at early times as many of the interesting phenomenological properties of modified gravity models at low redshift are screened at very high redshifts [7, 8].

Experimentally, modifying gravity seems to be a plausible possibility. Even if it turned out that Einstein's GR were the actual theory of gravity, testing it by comparing it with alternatives is certainly worth pursuing and also would lead to a better understanding of GR's specificity. In their modern forms, modifications of gravity all involve screening mechanisms such that most of their effects are shielded when considering dense sources. As gravitational waves are unscreened for all cosmic times and scales they may serve as sirens for modifications of gravity [9, 21]

In the last few years new theories of massive gravity have emerged. For instance Lorentz breaking effects at early times could be introduced in a consistent way and their cosmological implications have been studied [10]. For Lorentz invariant massive gravity, consistent theories have been discovered fairly recently [11–13]. They may include more than one graviton, and matter may couple differently to each metric [14]. Nevertheless a fully consistent cosmology has not been obtained yet mainly because of the presence of stability issues [15–18].

On the other hand, there are simpler modifications of GR which could also explain the late time acceleration of the expansion of the universe. An important example is provided by the Horndeski models [19]. These have the particularity of yielding second order equations of motions. On the gravitational side these theories modify the speed of the gravitational waves [20–22], although they are very constrained now at small redshifts by the new gravitational wave measurements [23], which seem to imply that theories which modify the curvature terms of the Einstein equations are ruled out [24] as dark energy models. This effect, which cannot be removed by a disformal transformation, has important cosmological consequences and therefore can be constrained using primordial gravitational waves detection [25]. In that sense constraining the mass of the graviton seems to be an important goal to meet. Although observations of gravitational waves have so far put very strong limits [26, 27], they are at least 10 orders of magnitude above the cosmological relevant scales [28].

In this paper we will focus on B-modes. These are the curl-free polarisation components, which only depend on the gravitational wave evolution from early times. In order to analyse the effects of a modified gravity sector we will assume that the initial conditions are adiabatic and that there is a detectable tensor to scalar ratio r . Thus all the important effects will be produced by a modification of gravity during matter and radiation domination. The presence of either a mass or a different speed from the speed of light for gravitons, and the changes in the dispersion relation leads to interesting effects on the low l B-modes. For a large range of masses this yields a characteristic plateau [30, 31] in the CMB spectrum. Since this effect cannot be produced by any other known effect, one may hope to constrain gravity very precisely in this manner.

We have found an analytical solution showing that the source function of the B modes has a plateau until recombination, instead of being zero and then peaking at recombination as happens in the massless case. This plateau is then projected onto the CMB power spectrum producing a plateau for the small l modes. Moreover the amplitude of the plateau oscillates with the mass of the graviton, so this effect could be used to constrain the mass of the graviton.

We also focus on the existence of multiple gravitons which could couple to matter with different strengths. This leads to a richer phenomenology but it also requires a more careful treatment. We have been able to extend our analysis to models with more than one graviton and will assume that there is no hierarchy between the masses or the couplings of the gravitons to matter. We can diagonalise the coupled system of equations during matter and radiation domination and thus show how the signal behaves in different configurations. We use this

to show that even in the cases with more than one graviton the signal is still similar to that with one graviton, i.e. qualitatively different from the one in massless gravity. The effect of the mixing between a massive and a massless graviton would also be characterised by a shift of the first few peaks of the B-mode CMB spectrum.

We also study the effect of the instability problem of doubly coupled bigravity on the B-modes [32, 33]. Indeed one of the gravitons becomes tachyonic in the radiation era. This implies a power law behaviour as a function of the scale factor when the modes are out of the horizon and a possible modification of the B mode spectrum. As the unstable mode does not couple to matter during pressure domination we find that its effect on the B-modes is reduced as long as the unstable mode remains in the perturbative regime. However, provided the initial conditions of the unstable mode are appropriately reduced [33, 34], its effect on the first peaks of the B-mode spectrum is such that they can differ from the ones of a purely massive graviton. Hence if the low l plateau characteristic of a massive graviton were observed, a shift in the position of the first few peaks would be representative of the presence of another graviton mode. On the other hand, these models also suffer from a gradient instability [17, 32, 33], possibly lethal, in the vector sector whose study is left for future work.

In this paper we first derive analytical solutions for massive gravity during matter and radiation domination in section 2 and study the effects of a change of the speed of gravitons. We then calculate in section 3 how the B-mode power spectrum behaves for massive gravity, where we get an analytical solution at low l . We then examine the effects of adding another graviton coupled to matter in section 4 and we include the case of a pressure instability in radiation domination. Finally we conclude.

2 General results

2.1 Massive graviton

We want to investigate the propagation of a massive graviton, with mass m , when the background cosmology is described by a FRW (Friedmann-Robertson-Walker) Universe. We will focus on the gravitational waves during matter and radiation domination, as these are the relevant ones for the CMB. The graviton equation is ¹

$$E'' + \left(k^2 + m^2 a^2 - \frac{a''}{a} \right) E = 0, \quad (2.1)$$

where we have suppressed the indices and $E_{ij} = a h_{ij}$ where h_{ij} represents the transverse and traceless part of the tensor perturbation. Note that, $a''/a = (aH)^2 + (aH)'$, where aH is the size of the horizon. Then for $k^2 + m^2 a^2 \ll \frac{a''}{a}$ modes are out of the horizon and evolve with constant amplitude h_{ij} . The re-entry of the modes inside the horizon depends on the mass of the graviton now, contrary to the case of massless gravitons. In the following we will consider that the mass of the graviton is of order H_0 or larger. When $k^2 + m^2 a^2 \gg \frac{a''}{a}$ the modes start oscillating with a frequency given by $\omega^2 \propto k^2 + m^2 a^2$ in the WKB approximation, which leads to imprints on the B-mode spectrum. In order to investigate the precise nature of these oscillations we will solve (2.1) during matter and radiation domination.

¹For a more thorough discussion see [35].

2.1.1 Matter domination

During matter domination we have that $a = \bar{H}_0^2 \tau^2 \propto H_0^2 \tau^2$, where $\bar{H}_0 = \mathcal{O}(H_0)$ and the graviton equation becomes

$$E'' + \left(k^2 + m^2 \bar{H}_0^4 \tau^4 - \frac{2}{\tau^2} \right) E = 0. \quad (2.2)$$

Let us rewrite the equation in terms h_{ij} which reads

$$h'' + \frac{4}{\tau} h' + (k^2 + m^2 \bar{H}_0^4 \tau^4) h = 0. \quad (2.3)$$

Using the variable $x = \frac{m \bar{H}_0^2 \tau^3}{3}$, the wave equation becomes

$$\ddot{h} + \frac{2}{x} \dot{h} + \left(1 + \frac{k^2}{m^2 \bar{H}_0^4 \tau^4} \right) h = 0, \quad (2.4)$$

where the dot means d/dx .

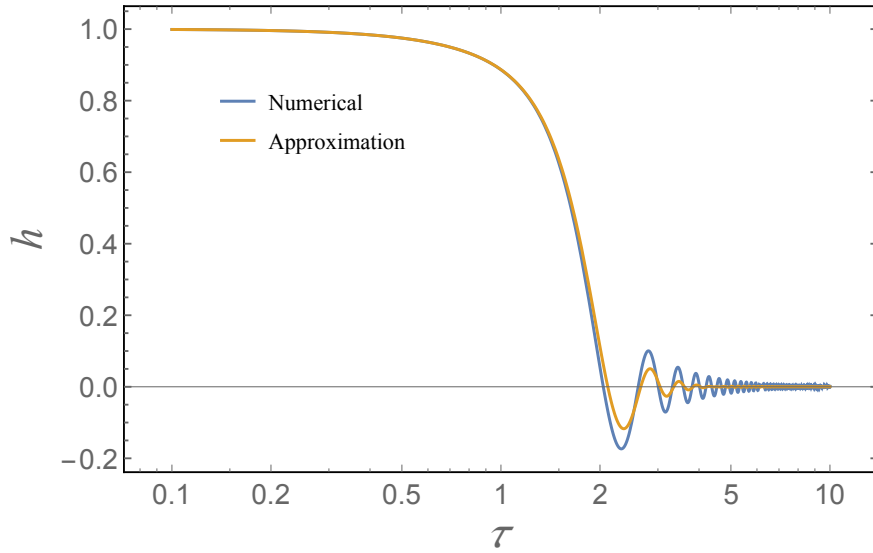


Figure 1. The tensor mode solutions for $k = \bar{H}_0$ and $m = \bar{H}_0$ as function of conformal time in the matter era where the transition from constant to oscillatory behaviour is exemplified. The analytical approximation fits the numerical solution up to the onset of oscillations.

Notice that in the case where $m^2 a^2 \gg k^2$, the equation simplifies and its solution is a spherical Bessel function of order 0. This solution is only constant at early times until it enters the horizon and then decays. On the other hand when $m^2 a^2 \ll k^2$, the field behaves as a massless spin-2 field. In order to obtain a solution which can be valid for a wide range of times we note that the massive part modulates the massless part and we can approximate h as

$$h = 3 \frac{j_1(k\tau)}{k\tau} \times j_0\left(\frac{1}{3} m \bar{H}_0^2 \tau^3\right). \quad (2.5)$$

Because both solutions are constant at early times this combination has the right behaviour there. The complete solution enters the horizon when $m^2 \bar{H}_0^4 \tau^6 + k^2 \tau^2 = 2$ and then oscillates. This is captured by the approximate solution as can be seen in fig.1 where the approximate solution is very accurate up to horizon re-entry. On the other hand the amplitude of the oscillations within the horizon is suppressed due to the combined oscillatory behaviour of the two spherical Bessel functions at small scales. Here the approximate solution differs from the numerical one, but we still capture the most important features for our analysis.

2.1.2 Radiation domination

To find the solutions of the wave equation during radiation domination we follow the same procedure as for the matter era. During this epoch $a = \hat{H}_0 \tau$ where $\hat{H}_0 = \bar{H}_0^2 \tau_{\text{eq}}$ where τ_{eq} is the conformal time at matter-radiation equality, the wave equation is now

$$h'' + \frac{2}{\tau} h' + (k^2 + m^2 \hat{H}_0^2 \tau^2) h = 0. \quad (2.6)$$

Defining $x = m \hat{H}_0 \tau^2 / 2$ leads to

$$\ddot{h} + \frac{3}{2x} \dot{h} + \left(\frac{k^2}{2m \hat{H}_0 x} + 1 \right) h = 0. \quad (2.7)$$

When $m^2 a^2 \gg k^2$, the solution is $\propto (m \hat{H}_0 \tau^2 / 2)^{1/4} j_{-1/4}(m \hat{H}_0 \tau^2 / 2)$ and when $m^2 a^2 \ll k^2$ it behaves like $j_0(k\tau)$. A good solution that can interpolate between both regimes is given by

$$h \propto (m \hat{H}_0 \tau^2 / 2)^{1/4} j_{-1/4}(m \hat{H}_0 \tau^2 / 2) j_0(k\tau). \quad (2.8)$$

where again we have that the approximation is very accurate outside the horizon but it oscillates too fast after re-entry. The matching between the solutions in the radiation and matter eras is presented in the Appendix.

2.1.3 Superhorizon $k\tau \ll 1$ modes

At wavelengths much larger than the horizon the solution during matter domination is more relevant, as the super horizon modes enter later and make the most important contribution to the B-mode power spectrum. We can expand the matter era solution as

$$h \sim \frac{3 \sin\left(\frac{m \bar{H}_0^2 \tau^3}{3}\right)}{m \bar{H}_0^2 \tau^3} \left(1 - \frac{(k\tau)^2}{10}\right) + O(k^4). \quad (2.9)$$

Note that the first term goes to one when the mass is zero, and we recover the massless solution which is constant out of the horizon. As τ grows, we can have two possibilities depending on whether $\frac{m\tau^3}{3} > k\tau$ or not. A given mode enters the horizon earlier when the mass of the graviton is big enough to satisfy $\frac{m\tau^3}{3} > k\tau$. In the contrary case the massive part will not lead to a significant modification of the gravitational waves.

These new oscillation due to the mass introduce an imprint on the B-modes which will differ from the one coming from the massless modes. As the contribution of the gravitational waves to the B-modes is dominated by the modes evaluated at $\tau = \tau_{\text{rec}}$, for all wavenumbers such that $\frac{m\tau_{\text{rec}}^3}{3} > k\tau_{\text{rec}}$ the power spectrum will be dominated by the massive part of h .

2.1.4 Modified tensor speed

We can also analyse the case when the modes propagate with a speed different from the speed of light. This scenario could arise in a variety of modified gravity theories and only makes sense when the modification occurs in the early Universe as a very tight bound on the deviation from the speed of light has been set by LIGO/VIRGO in our local environment at small redshift [23]. In this case the equation is simply,

$$h'' + 2aHh' + (c_T^2 k^2)h = 0. \quad (2.10)$$

The solution is the same as in the massless case with a rescaled wavenumber. Hence the gravitational wave will reach the horizon at a shifted time. For example during matter domination we have that

$$h'' + \frac{4}{\tau}h' + (c_T^2 k^2)h = 0, \quad (2.11)$$

whose solution is given by the spherical Bessel function

$$h = 3 \frac{j_1(c_T k \tau)}{c_T k \tau}. \quad (2.12)$$

It is constant until $c_T k \tau = 1$ after which it decays to zero. As the field enters the horizon at a different time, it leaves a modified signature on the CMB. All the acoustic peaks are shifted as the source function, see below, is rescaled by the same factor, which is shown in figure 2. Notice that the location of the peaks are proportional to l/c_T , so by constraining their positions one could infer c_T . This is supposed to be at the sub-percent level for CMB stage 4 experiments [3], which is several orders of magnitude worse than the LIGO/VIRGO bounds. One could try to analyse the modification of the tensor speed by performing a disformal transformation, which changes the slope of the gravitational light-cone. When doing this the speed of the scalar part of the perturbations is modified [25]. This would imply that the acoustic peaks of the temperature power spectrum would be shifted.

3 Polarisation and massive gravitons

It is instructive to rewrite the polarisation equations, and how they are modified in the presence of a massive graviton and a change in the speed of propagation of tensor modes. We will focus only on B modes for now as they give primordial information, although the results for E modes are similar.

Thomson scattering in the early universe generates a linear polarisation that can be best described by a 2×2 traceless tensor involving the Q and U Stokes parameters. It is convenient to pick up a particular combination of these two parameters which only depends on the tensor modes. These are called B modes because they have the parity of a magnetic field. The corresponding E modes also exist but they depend on the scalar modes and will not be useful for our analysis.

The polarisation tensor state Ψ can be expressed in term of temperature and polarisation multipoles as [5],

$$\Psi \equiv \left[\frac{1}{10} \Delta_{T0}^{(T)} + \frac{1}{35} \Delta_{T2}^{(T)} + \frac{1}{210} \Delta_{T4}^{(T)} - \frac{3}{5} \Delta_{P0}^{(T)} + \frac{6}{35} \Delta_{P2}^{(T)} - \frac{1}{210} \Delta_{P4}^{(T)} \right]. \quad (3.1)$$

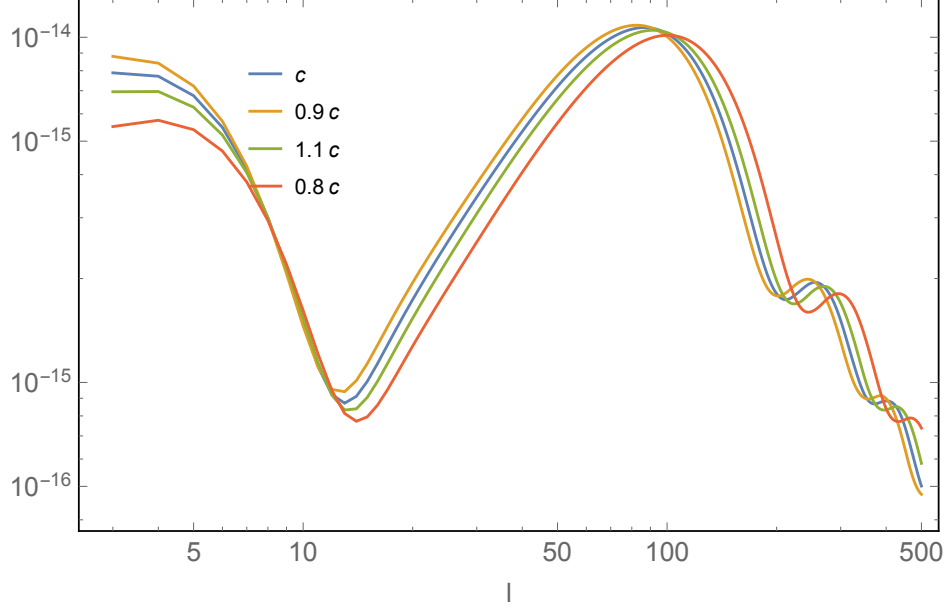


Figure 2. CMB polarisation power spectrum for different values of the speed of the tensor modes c_T , in terms of the speed of light c . The shift of the peaks due to a change of speed is apparent.

The B modes power spectrum is given by

$$C_{Bl} = (4\pi)^2 \int k^2 dk P_h(k) \left| \int_0^{\tau_0} d\tau g(\tau) \Psi(k, \tau) \left(2j'_l(k\tau) + \frac{4j_l}{k\tau} \right)^2 \right|, \quad (3.2)$$

where $g(\tau)$ is the visibility function which is defined in terms of the optical depth for Thomson scattering κ as

$$g(\tau) = \dot{\kappa} e^{-\kappa}. \quad (3.3)$$

$P_h(k) \propto k^{n_T-3}$, with $n_T \sim 0$ to leading order, is the primordial tensor power spectrum and the integral is between the initial time and now at τ_0 . We denote by

$$\Delta_{Bl} = \int_0^{\tau_0} d\tau g(\tau) \Psi(k, \tau) \left(2j'_l(k\tau) + \frac{4j_l}{k\tau} \right)^2, \quad (3.4)$$

the source function.

3.1 Boltzmann equations for tensor perturbations

In order to calculate the temperature and polarisation multipoles we need to analyse the Boltzmann equations associated with the Thomson scattering. These are [5],

$$\dot{\Delta}_T^{(T)} + ik\mu\Delta_T^{(T)} = -\dot{h} - \dot{\kappa}(\Delta_T^{(T)} - \Psi), \quad (3.5)$$

$$\dot{\Delta}_P^{(T)} + ik\mu\Delta_P^{(T)} = -\dot{\kappa}(\Delta_P^{(T)} + \Psi). \quad (3.6)$$

$$(3.7)$$

As an input we have that the metric perturbations evolve according to

$$\ddot{h} + 2\mathcal{H}\dot{h} + (k^2 + m^2 a^2)h = 0. \quad (3.8)$$

For simplicity we will assume tight coupling. Then the equations can be expanded in terms of the visibility function $\dot{\kappa}^{-1}$. We then get,

$$\begin{aligned} \dot{\Delta}_{T0} &= -\dot{h} - \dot{\kappa}[\Delta_{T0} - \Psi], \\ \dot{\Delta}_{P0} &= -\dot{\kappa}[\Delta_{P0} + \Psi], \\ \dot{\Delta}_{Tl} &= 0, l \geq 1, \quad \dot{\Delta}_{Pl} = 0, l \geq 1. \end{aligned} \quad (3.9)$$

These simplifications jointly with the definition of $\Psi = \frac{1}{10}\Delta_0^T$ lead to

$$\dot{\Psi} + \frac{9}{10}\dot{\kappa}\Psi = -\frac{\dot{h}}{10}. \quad (3.10)$$

This gives

$$\Psi(\tau) = -\frac{1}{10} \int_0^\tau d\tau' \dot{h}(\tau') e^{-\frac{9}{10}(\kappa(\tau') - \kappa(\tau))}. \quad (3.11)$$

Now we also assume that the visibility function is a peaked Gaussian distribution function during recombination, i.e.

$$g(\tau) \equiv \dot{\kappa} e^{-\kappa} = g(\tau_{\text{rec}}) e^{-\frac{(\tau_{\text{rec}} - \tau)^2}{\Delta\tau_{\text{rec}}^2}}. \quad (3.12)$$

This implies that during recombination we can approximate $\dot{\kappa} \approx \kappa/\Delta\tau_{\text{rec}}$. Also assuming that h varies slowly during recombination, we have then the approximation

$$\Psi(\tau) \sim -\frac{\dot{h}(\tau_{\text{rec}})}{10} e^{\frac{9}{10}\kappa(\tau)} \Delta\tau_{\text{rec}} \int_1^\infty \frac{dx}{x} e^{-\frac{9}{10}\kappa x}, \quad (3.13)$$

where in the last integral we have introduced the variable $x = \kappa(\tau')/\kappa(\tau)$. This changes the integration limits to 1 and $e^{\tau/\Delta\tau_{\text{rec}}}$ which can be approximated to be infinity as long $\Delta\tau_{\text{rec}}$ is very small.

In the above calculation we have assumed that $h(\tau)$ peaks around the value τ_{rec} as the visibility function is sharply peaked. A better approximation can be obtained by averaging $h(\tau)$ through recombination. By assuming that the visibility function is a Gaussian as before we have

$$\dot{h}(\tau) \rightarrow \int_0^\tau d\tau' g(\tau') \dot{h}(\tau') \sim \dot{h}(\tau_{\text{rec}}) e^{-(k\Delta\tau_{\text{rec}})^2/2}, \quad (3.14)$$

for modes inside the horizon.

3.2 Large angular scales

We have seen that there are important changes to the wave equation when the graviton is outside the horizon. As this effect is predominant at large angular scales we will proceed to study this sector in more detail. We first start with the massless case. Here, the solution of the graviton during matter domination is given by

$$h(\tau) = 3 \frac{j_1(k\tau)}{k\tau}, \quad (3.15)$$

where the factor of 3 appears to normalise the wave function to 1 at $k\tau = 0$. This solution is constant initially and then decays in an oscillating fashion after $k\tau = 1$. We are interested in modes that enter the horizon around the time of recombination. These modes correspond to scales which are so large that when they enter the horizon the universe is in matter domination. Now on such large scales the effects of recombination are not relevant so we can approximate $g(\tau) = \delta(\tau - \tau_{\text{rec}})$. The spectrum (3.2) of B-modes becomes

$$C_{BB,l}^T \propto \int k^2 dk P_h(k) \left| \dot{h}(k\tau_{\text{rec}}) \left[2j_l'(k(\tau_0 - \tau_{\text{rec}})) + 4 \frac{j_l(k(\tau_0 - \tau_{\text{rec}}))}{k(\tau_0 - \tau_{\text{rec}})} \right] \right|^2. \quad (3.16)$$

In the massless case the graviton wave function is constant until it enters the horizon. As the behaviour of the integral is dominated by $k \approx l/(\tau_0 - \tau_{\text{rec}})$, we have the approximation

$$C_{BB}^l \approx (k^5 P_h(k, \tau_{\text{rec}}))|_{k \approx l/(\tau_0 - \tau_{\text{rec}})} \int d \ln x \left| 2j_l'(x) + \frac{4j_l(x)}{x} \right|^2, \quad (3.17)$$

where $\dot{h}(k\tau_{\text{rec}}) \propto k\tau_{\text{rec}}$ on large scales. The integral of the spherical Bessel function scales as $\propto l^{-2}$ for small l , then we have that for large scales,

$$l(l+1)C_{BB}^l \sim l(l+1), \quad (3.18)$$

which grows linearly with l for small l . In the massive case, the large scale behaviour is very different, see figure 3 for instance.

Massive graviton case

In the case of a massive graviton during matter domination the solution is approximately given by

$$h = 3 \frac{j_1(k\tau)}{k\tau} \times j_0\left(\frac{1}{3}m\bar{H}_0^2\tau^3\right). \quad (3.19)$$

We will focus on the case where $ma \gg k \approx l/(\tau_0 - \tau_{\text{rec}})$ as the B-mode spectrum will be stronger at small l , and we comment on the other cases. In this regime the graviton has a constant amplitude until it enters the horizon. After entering the horizon the graviton will behave as if massless. On large angular scales the main difference with the massless case springs from the source function. Assuming a Gaussian visibility function, and that projection factors involving spherical Bessel functions vary slowly over the last scattering surface, using (3.13) and (3.14), the source function becomes

$$\begin{aligned} \Delta_{Bl}(k) &= P_{Bl}[k(\tau_0 - \tau_{\text{rec}})] \int_0^{\tau_0} d\tau g(\tau) \psi(\tau) \\ &= P_{Bl}[k(\tau_0 - \tau_{\text{rec}})] \frac{\dot{h}(\tau_{\text{rec}})}{10} \Delta\tau_{\text{rec}} e^{-(k\Delta\tau_{\text{rec}})^2/2} \int_0^\infty d\kappa e^{-\kappa} \int_1^\infty \frac{dx}{x} e^{-\frac{9}{10}\kappa x}, \end{aligned} \quad (3.20)$$

where

$$P_{Bl}[k(\tau_0 - \tau_{\text{rec}})] = |2j'_l(k(\tau_0 - \tau_{\text{rec}})) + 4\frac{j_l(k(\tau_0 - \tau_{\text{rec}}))}{k(\tau_0 - \tau_{\text{rec}})}|^2, \quad (3.21)$$

which implies that the source function can be written as,

$$\Delta_{Bl}(k) = P_{Bl}[k(\tau_0 - \tau_{\text{rec}})]\dot{h}(\tau_{\text{rec}})\Delta\tau_{\text{rec}}e^{-(k\Delta\tau_{\text{rec}})^2/2}\left(\frac{1}{10}\log\frac{19}{9}\right). \quad (3.22)$$

As we are considering the regime where $m^2\bar{H}_0^4\tau_{\text{rec}}^4 \gg k^2$ we can use the approximate solution (2.5) to calculate $\dot{h}(\tau_{\text{rec}})$,

$$\dot{h}(\tau_{\text{rec}}) \approx \frac{\cos(\frac{m\bar{H}_0^2\tau_{\text{rec}}^3}{3})}{\tau_{\text{rec}}}\left(1 - \frac{(k\tau_{\text{rec}})^2}{10}\right). \quad (3.23)$$

Now we can calculate the power spectrum of B-modes at large scales. As the source function falls off inside the horizon, the integral over k is dominated by large scales corresponding to the low l modes. In this case the spherical Bessel functions are constant at low l . Therefore the B-mode spectrum on large scales is essentially sensitive to (3.23) yielding

$$C_l^B \propto \frac{\cos^2(\frac{m\bar{H}_0\tau_{\text{rec}}^3}{3})}{\tau_{\text{rec}}^2} \propto \frac{1}{2\tau_{\text{rec}}^2} \left(1 + \cos\left(\frac{2m\bar{H}_0\tau_{\text{rec}}^3}{3}\right)\right). \quad (3.24)$$

which is a constant amplitude corresponding to a plateau whose amplitude oscillates with the mass m .

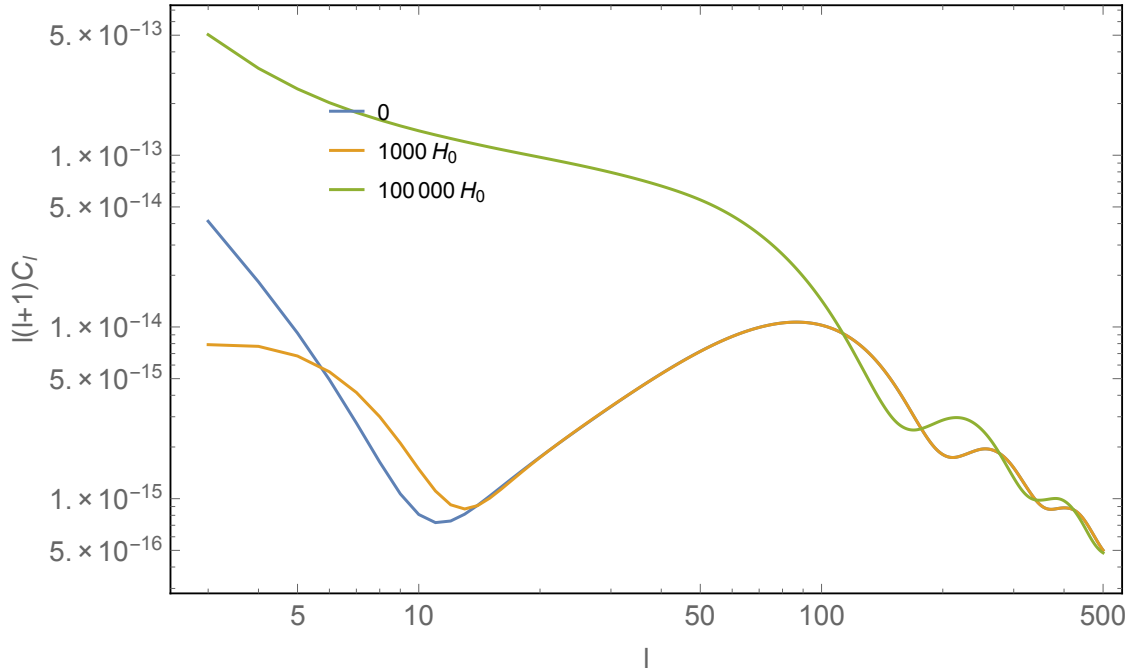


Figure 3. The spectrum of B modes for different values of the graviton mass.

We can evaluate the maximal angular multipole l where effects of a massive graviton can be observed. The dispersion relation of a massive graviton changes from the massless case when $k \approx m \times a$ then at recombination this corresponds to

$$l \approx k(\tau_0 - \tau_{\text{rec}}) = m \times a(\tau_{\text{rec}}) \times (\tau_0 - \tau_{\text{rec}}) \approx \frac{m}{H_0} (1 + z_r)^{-1} \int_{(1+z_R)^{-1}}^1 \frac{dx}{\sqrt{\Omega_\Lambda x^4 + \Omega_m x + \Omega_r}} \approx 3.3(1 + z_r^{-1}) \frac{m}{H_0} \quad (3.25)$$

where for $z_R \approx 1080$ we have that the B-modes are not modified for masses below $300H_0$.

3.3 Flat sky limit

In order to calculate the l dependence of the B-modes angular power spectrum we use the flat sky approximation, which implies that we Fourier expand instead of projecting using spherical harmonics. In the flat sky limit the amplitude of the scalar and polarisation modes can be written as,

$$a_T^\zeta = \int_0^{\tau_0} \int d\tau \frac{d^3 k}{(2\pi)^3} \zeta(\mathbf{k}) e^{-ik^z D} S_T^\zeta(\mathbf{k}, \tau) (2\pi)^2 \delta^{(2)}(\mathbf{k}^\parallel D - \mathbf{l}), \quad (3.26)$$

$$a_B^h = \int_0^{\tau_0} \int d\tau \frac{d^3 k}{(2\pi)^3} \sum_{\pm} \pm h^\pm e^{-ik^z D} (2i \frac{k^z}{k}) S_P^h(\mathbf{k}, \tau) (2\pi)^2 \delta^{(2)}(\mathbf{k}^\parallel D - \mathbf{l}), \quad (3.27)$$

where S^X are the source functions which in the case of B modes is $-g\Psi(k, \tau)$ and in the case of scalar modes is given by the sum of the two scalar gravitational potentials. Also $D = \tau - \tau_0$. This will greatly simplify calculations and we can see for example that the $\langle BB \rangle$ correlation is given by

$$\langle a_B^h(\mathbf{l}) a_B^h(\mathbf{l}') \rangle = \int \frac{d^3 k_1}{(2\pi)^3} \frac{d^3 k_2}{(2\pi)^3} 2 \langle hh \rangle \Delta_B^h(k_1^z, l_1) \Delta_B^h(k_2^z, l_2) (-4) \frac{k_1^z}{k_1} \frac{k_2^z}{k_2} (2\pi)^4 \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2), \quad (3.28)$$

where we have defined the transfer function as,

$$\Delta_B^h(k^z, l) = \int_0^{\tau_0} d\tau S_B^h(k) e^{-ik^z D} \delta^{(2)}(\mathbf{k}^\parallel D - \mathbf{l}). \quad (3.29)$$

We first note that by reducing the product of delta functions we have

$$\begin{aligned} \langle a_B^h(\mathbf{l}) a_B^h(\mathbf{l}') \rangle &= \int \frac{d^3 k_1}{(2\pi)^3} \frac{d^3 k_2}{(2\pi)^3} 2 \langle hh \rangle \Delta_B^h(k_1^z, l_1) \Delta_B^h(k_2^z, l_2) (-4) \frac{k_1^z}{k_1} \frac{k_2^z}{k_2} \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2) \\ &= \int \frac{dk^z d\mathbf{k}_1^\parallel d\mathbf{k}_2^\parallel}{(2\pi)^2} \int_0^{\tau_0} d\tau \int_0^{\tau_0} d\tau' 8 \langle hh \rangle \frac{(k^z)^2}{k_1 k_2} S_B^h(k_1) e^{-ik^z D} S_B^h(k_2) e^{+ik^z D'} \\ &\quad \times \delta^{(2)}(\mathbf{k}_1^\parallel D - \mathbf{l}) \delta^{(2)}(\mathbf{k}_2^\parallel D' - \mathbf{l}') \delta^{(2)}(\mathbf{k}_1^\parallel + \mathbf{k}_2^\parallel), \end{aligned} \quad (3.30)$$

where we have written $dk^3 = dk^z d\mathbf{k}^\parallel$. The integral is dominated by $D \sim D'$ and can be rewritten as

$$\begin{aligned}\langle a_B^h(\mathbf{l}) a_B^h(\mathbf{l}') \rangle &= \int \frac{dk^z}{(2\pi)^2} \left| \int_0^{\tau_0} \frac{d\tau}{D} \sqrt{8\langle hh \rangle} \frac{(k^z)}{k} S_B^h(k) e^{-ik_z D} \right|^2 \times \delta^{(2)}(\mathbf{l} + \mathbf{l}') \\ &= \int \frac{dk^z}{(2\pi)^2} \left| \int_0^{\tau_0} \frac{d\tau}{D} \sqrt{8\langle hh \rangle} \frac{(k^z)}{\sqrt{(k^z)^2 + l^2/D^2}} S_B^h(\sqrt{(k^z)^2 + l^2/D^2}) e^{-ik_z D} \right|^2 \times \delta^{(2)}(\mathbf{l} + \mathbf{l}').\end{aligned}\quad (3.31)$$

Now to evaluate the integral over time we will use the fact that the visibility function is a Gaussian distribution, which implies that approximately

$$\kappa = \kappa_r e^{-(\tau - \tau_{\text{rec}})/\Delta\tau_{\text{rec}}}. \quad (3.32)$$

We now define the integrand

$$\begin{aligned}\tilde{\Delta}(k, l) &= \int_0^{\tau_0} \frac{d\tau}{D} \sqrt{8\langle hh \rangle} \frac{(k^z)}{\sqrt{(k^z)^2 + l^2/D^2}} S_B^h(\sqrt{(k^z)^2 + l^2/D^2}) e^{-ik_z D} \\ &= \int_0^{\tau_0} \frac{d\tau}{D} \frac{\sqrt{8\langle hh \rangle} (k^z)}{\sqrt{(k^z)^2 + l^2/D^2}} \frac{\dot{h}(\tau_{\text{rec}})}{10} e^{-(\sqrt{(k^z)^2 + l^2/D^2} \Delta\tau_{\text{rec}})^2/2} \\ &\quad \times g(\tau_{\text{rec}}) e^{-(\tau - \tau_{\text{rec}})/\Delta\tau_{\text{rec}}} e^{-\kappa} \int_1^\infty \frac{dx}{x} e^{-\frac{9}{10}\kappa x} e^{-ik_z D},\end{aligned}\quad (3.33)$$

where we have replaced S_B^h by its value from (3.13). Notice that the integral gets most of its contribution around τ_{rec} because of the exponential function of the opacity which vanishes before recombination. Then $e^{-\kappa} \int_1^\infty \frac{dx}{x} e^{-\frac{9}{10}\kappa x} = e^{-\kappa} \Gamma(0, \frac{9}{10}\kappa)$, where $\Gamma(a, b) = \int_b^\infty t^{a-1} e^{-t} dt$ is the incomplete Gamma function. The integral decays for large values of κ and is order one for $\kappa \sim \kappa_r$ so we can neglect it in the final expression. Furthermore, we can replace $D \sim \Delta\tau_{\text{rec}}$. Then we get

$$\tilde{\Delta}(k, l) \sim \frac{\sqrt{8\langle hh \rangle} (k^z)}{\sqrt{(k^z)^2 + l^2/D_r^2}} \frac{g(\tau_{\text{rec}}) \dot{h}(\tau_{\text{rec}})}{10} e^{-(\sqrt{(k^z)^2 + l^2/D_r^2} \Delta\tau_{\text{rec}})^2/2} e^{-ik_z D_r}.$$

Replacing this into (3.31), we have

$$\langle a_B^h(\mathbf{l}) a_B^h(\mathbf{l}') \rangle = \int \frac{dk^z}{(2\pi)^2} \frac{8\langle hh \rangle (k^z)^2}{(k^z)^2 + l^2/D_r^2} \frac{g(\tau_{\text{rec}})^2 \dot{h}^2(\tau_{\text{rec}})}{100} e^{-((k^z)^2 + l^2/D_r^2) \Delta\tau_{\text{rec}}^2} e^{-2ik_z D_r} \delta^{(2)}(\mathbf{l} + \mathbf{l}'). \quad (3.34)$$

We can approximate this integral by the stationary phase method. The saddle point is $k^z \approx -i \frac{D_r}{\Delta\tau_{\text{rec}}^2}$ implying that the power spectrum becomes

$$\begin{aligned}\langle a_B^h(\mathbf{l}) a_B^h(\mathbf{l}') \rangle &= \frac{A_s r}{4\pi^{3/2}} \frac{g(\tau_{\text{rec}})^2 \dot{h}^2(\tau_{\text{rec}})}{100} e^{-\frac{D^2}{\Delta\tau_{\text{rec}}^2} - \frac{l^2 \Delta\tau_{\text{rec}}^2}{D_r^2}} \delta^{(2)}(\mathbf{l} + \mathbf{l}'). \\ &= \frac{A_s r}{4\pi^{3/2}} \frac{g(\tau_{\text{rec}})^2 \cos^2\left(\frac{m\bar{H}_0^2 \tau_{\text{rec}}^3}{3}\right)}{100 \tau_{\text{rec}}^2} e^{-\frac{D^2}{\Delta\tau_{\text{rec}}^2} - \frac{l^2 \Delta\tau_{\text{rec}}^2}{D_r^2}} \delta^{(2)}(\mathbf{l} + \mathbf{l}').\end{aligned}\quad (3.35)$$

where we have replaced $\langle hh \rangle = Ark^{-3}$ with A the amplitude of the primordial scalar perturbations and r the tensor to scalar ratio and in the last line we have used (3.23).

This result implies that the modes will stay constant until $l \approx \frac{D_r}{\Delta\tau_{\text{rec}}} \approx 100$. Although this result is very simplified it shows that the oscillations due to the graviton mass modifies strongly the power spectrum. Note that the damping effect is independent of the mass of the graviton, see figure 3 for instance.

4 Bigravity

4.1 Propagating modes

In this section we consider the case of bigravity [17, 32, 33] where one graviton is massless and the other is massive in a Minkowski background. This is inspired by the bigravity case of massive gravity although we only use the gravitational sector of this model and do not deal with problems such as the range of validity of the model related to the existence of strong coupling issues and vectorial instabilities in the radiation era. In our case, we only use this model as an illustration for the type of physics induced by the presence of two gravitons. The CMB signal in this case involves the two gravitons implying that

$$\Psi \approx \left[\beta_1 \times \dot{h}_1 + \beta_2 \times \dot{h}_2 \right]^2, \quad (4.1)$$

where $\beta_{1,2}$ are coupling constants. In the generic case the gravitational waves propagate in different FRW metrics characterised two scale factors $a_{1,2}$ and the ratio between the two lapse functions b leading to the two wave equations in vacuum

$$\begin{aligned} E_1'' + k^2 E_1 + (M_{11}^2 a_1^2 - \frac{a_1''}{a_1}) E_1 + M_{12}^2 a_1 a_2 E_2 &= 0, \\ E_2'' + b^2 k^2 E_2 + (M_{22}^2 a_2^2 - \frac{a_2''}{a_2}) E_2 + M_{21}^2 a_1 a_2 E_1 &= 0, \end{aligned} \quad (4.2)$$

where we have dropped the tensorial indices so E_1 should be understood as E_{ij}^1 , and $M_{12} = M_{21}$. For instance in the case of doubly coupled bigravity we have

$$b = \frac{a_1 H_1}{a_2 H_2}, \quad (4.3)$$

for one of the two branches of cosmological backgrounds. Moreover $b \equiv 1$ in both matter and radiation eras. Here the conformal time is such that the Hubble rates are defined by

$$H_{1,2} = \frac{da_{1,2}}{a_{1,2}^2 d\eta}, \quad (4.4)$$

implying that when $b = 1$ the two scale factors are proportional with $\beta_1 a_2 = \beta_2 a_1$ [32]. Then during matter domination since $a_i = \frac{\beta_i}{\beta_1^2 + \beta_2^2} H_0^2 \tau^2$ such that $a = \beta_1 a_1 + \beta_2 a_2 = H_0^2 \tau^2$, we have that the above equations become

$$\begin{aligned} E_1'' + \left(k^2 + M_{11}^2 \bar{H}_0^4 \tau^4 - \frac{2}{\tau^2} \right) E_1 + M_{12}^2 \bar{H}_0^4 \tau^4 E_2 &= 0, \\ E_2'' + \left(b^2 k^2 + M_{22}^2 \bar{H}_0^4 \tau^4 - \frac{2}{\tau^2} \right) E_2 + M_{21}^2 \bar{H}_0^4 \tau^4 E_1 &= 0, \end{aligned} \quad (4.5)$$

where we have redefined $M_{ij}^2 \rightarrow \frac{\beta_i \beta_j}{(\beta_1^2 + \beta_2^2)^2} M_{ij}^2$. We want to find a particular combination of the two gravitons which satisfies an equation for a massive graviton

$$f'' + \left(k^2 + M_f^2 \bar{H}_0^4 \tau^4 - \frac{2}{\tau^2} \right) f = 0, \quad (4.6)$$

where $f = \lambda_1 E_1 + \lambda_2 E_2$ and the coefficients λ_1 and λ_2 are constant. This implies that

$$\begin{aligned} \lambda_1 (M_f^2 - M_{11}^2) - \lambda_2 M_{12}^2 &= 0, \\ \lambda_2 \left(\frac{k^2}{\tau^4} (1 - b^2) + M_f^2 - M_{22}^2 \right) - \lambda_1 M_{21}^2 &= 0, \end{aligned} \quad (4.7)$$

which admits non-trivial solutions for M_f given by

$$2M_f^2 = (b^2 - 1) \frac{k^2}{\tau^4} + M_{11}^2 + M_{22}^2 \pm \sqrt{4M_{12}^2 M_{21}^2 + \left((b^2 - 1) \frac{k^2}{\tau^4} + M_{11}^2 - M_{22}^2 \right)^2}. \quad (4.8)$$

In the following we assume that $b = 1$ corresponding to a single speed for the two gravitons. We can rewrite the expression for M_f as,

$$2M_f^2 = M_{11}^2 + M_{22}^2 \pm \sqrt{\Delta + (M_{11}^2 + M_{22}^2)^2}, \quad (4.9)$$

where $\Delta = 4M_{12}^2 M_{21}^2 - 4M_{11}^2 M_{22}^2$. There are no tachyonic instabilities when Δ takes values between 0 and $-(M_{11}^2 + M_{22}^2)^2$. In the latter one of the modes is massless and we have that, $M_{11}^2 M_{22}^2 = M_{12}^2 M_{21}^2$, which implies that the other mode has a mass

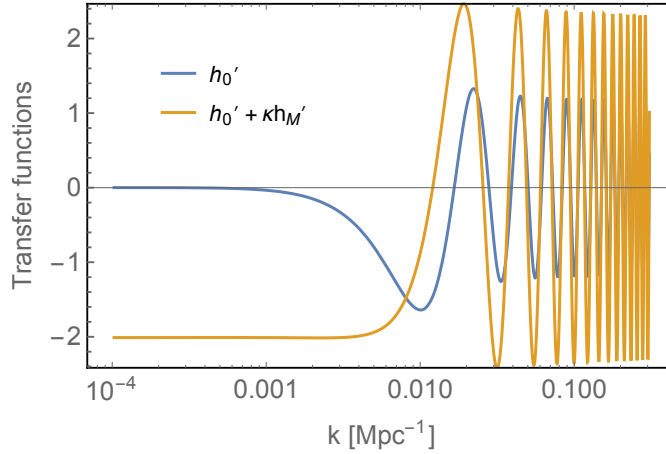


Figure 4. Gravitational coupling Ψ (3.13), for the massless case and a combination of a massive and a massless graviton with $\kappa = 0.1$ and the mass of the graviton is $1000H_0$. Notice that Ψ does not vanish on large scales in the massive case.

$$M_f^2 = M_{11}^2 + M_{22}^2. \quad (4.10)$$

In the generic case, there is always a light and a more massive mode.

4.2 Coupling to matter

The impact of two propagating gravitons on the CMB B-mode spectrum depends on how they source the polarisation terms. The coupling to matter is of the form

$$\delta S_{\text{matter}} = \frac{1}{2m_{\text{Pl}}} \int d^4x a_J \left\{ \beta_1 E_{ij}^{(1)} + \beta_2 E_{ij}^{(2)} \right\} T^{ij}, \quad (4.11)$$

where $a_J = \beta_1 a_1 + \beta_2 a_2 \equiv a$ is the Jordan frame scale factor, i.e. the scale factor of the FRW metric which couples to matter. We have also introduced the Planck scale m_{Pl} for the normalised gravitons $E_{1,2}$. In the following we focus on the case with one massless graviton after diagonalisation corresponding to the constraint $\Delta = 0$. When diagonalising the two graviton equations, the eigenmodes are

$$\begin{aligned} f_0 &= \alpha_1 E_1 + \alpha_2 E_2 \\ f_m &= \alpha_3 E_1 + \alpha_4 E_2 \end{aligned} \quad (4.12)$$

where f_0 is the massless mode in the matter era, and f_m the massive one. Imposing that the gravitons remain normalised for the eigenmodes of the mass matrix implies that the change of basis is a two dimensional rotation. Indeed we must have $(\partial f_0)^2 + (\partial f_m)^2 = (\partial E_1)^2 + (\partial E_2)^2$, therefore

$$\begin{aligned} \alpha_1 &= \cos \theta, & \alpha_2 &= -\sin \theta, \\ \alpha_3 &= \sin \theta, & \alpha_4 &= \cos \theta. \end{aligned} \quad (4.13)$$

Now using the fact that $\Delta = 0$ implies the existence of a massless graviton and a massive one of squared mass $M_{11}^2 + M_{22}^2$ and replacing these values of the two masses into (4.7) we obtain that,

$$\alpha_1 = -\frac{M_{12}^2}{M_{11}^2} \alpha_2 \quad (4.14)$$

$$\alpha_3 = \frac{M_{12}^2}{M_{22}^2} \alpha_4. \quad (4.15)$$

As a result we have that

$$E_1 = \frac{1}{\sqrt{1 + \tan^2 \theta}} (f_0 + \tan \theta f_m) \quad (4.16)$$

$$E_2 = \frac{1}{\sqrt{1 + \tan^2 \theta}} (f_m - \tan \theta f_0) \quad (4.17)$$

where

$$\tan \theta = \frac{M_{11}^2}{M_{12}^2} = \frac{M_{12}^2}{M_{22}^2}. \quad (4.18)$$

Then in the Jordan frame the gravitons are coupled to matter as

$$\delta S_{\text{matter}} = \frac{1}{2m_{\text{Pl}} \sqrt{1 + \frac{M_{12}^4}{M_{22}^4}}} \int d^4x a \lambda \left\{ \beta_1 \left(f_{ij}^0 + \frac{M_{11}^2}{M_{12}^2} f_{ij}^m \right) + \beta_2 \left(f_{ij}^m - \frac{M_{12}^2}{M_{22}^2} f_{ij}^0 \right) \right\} T^{ij}, \quad (4.19)$$

which implies that,

$$\delta S_{\text{matter}} = \frac{1}{2m_{\text{Pl}}\sqrt{1 + \frac{M_{12}^4}{M_{22}^4}}} \int d^4x a^2 \beta_2 \left\{ \left(\frac{\beta_1}{\beta_2} - \frac{M_{12}^2}{M_{22}^2} \right) \frac{f_{ij}^0}{a} + \left(1 + \frac{\beta_1}{\beta_2} \frac{M_{12}^2}{M_{22}^2} \right) \frac{f_{ij}^m}{a} \right\} T^{ij}, \quad (4.20)$$

where we have reintroduced the tensorial indices. Now in bigravity the physical Planck scale is given $M_{\text{Pl}} = \frac{m_{\text{Pl}}}{\sqrt{\beta_1^2 + \beta_2^2}}$ [32] so that the coupling to matter becomes

$$\delta S_{\text{matter}} = \frac{1}{2M_{\text{Pl}}} \int d^4x \frac{1}{\sqrt{1 + \frac{M_{12}^4}{M_{22}^4}} \sqrt{\beta_1^2 + \beta_2^2}} a \beta_2 \left\{ \left(\frac{\beta_1}{\beta_2} - \frac{M_{12}^2}{M_{22}^2} \right) \frac{f_{ij}^0}{a} + \left(1 + \frac{\beta_1}{\beta_2} \frac{M_{12}^2}{M_{22}^2} \right) \frac{f_{ij}^m}{a} \right\} T^{ij}. \quad (4.21)$$

It is easy to see that the power spectrum of the graviton coupled to matter goes to the one of a single graviton coupled to matter at the end of inflation. Indeed taking that both f_0/a and f_m/a go to one at the end of inflation, and upon using the statistical independent of f_0 and f_m , the power spectrum of the coupled graviton \mathcal{P}_h is

$$\mathcal{P}_h = \frac{\beta_2^2}{(1 + \frac{M_{12}^4}{M_{22}^4})(\beta_1^2 + \beta_2^2)} \left(\left(\frac{\beta_1}{\beta_2} - \frac{M_{12}^2}{M_{22}^2} \right)^2 \mathcal{P}_0 + \left(1 + \frac{\beta_1}{\beta_2} \frac{M_{12}^2}{M_{22}^2} \right)^2 \mathcal{P}_m \right) \quad (4.22)$$

where $\mathcal{P}_{0,m}$ are the power spectra of the massless and massive gravitons. Outside the horizon we normalise the massless and massive spectra similarly implying that

$$\mathcal{P}_h \equiv \mathcal{P}_0 = \mathcal{P}_m \quad (4.23)$$

and therefore the spectrum of the coupled graviton obtained from (4.21) is automatically normalised in the same fashion as in General Relativity. To analyse the effect of the coupling we introduce the parameter κ as

$$\kappa = \frac{1 + \frac{\beta_1}{\beta_2} \frac{M_{12}^2}{M_{22}^2}}{\frac{\beta_1}{\beta_2} - \frac{M_{12}^2}{M_{22}^2}}. \quad (4.24)$$

The gravitational source becomes of the form $\Psi \propto f'_0 + \kappa f'_m$. In figure (5) we have plotted the power spectrum produced by (4.21) for different absolute values of the coupling κ . Notice that the effects of the massive graviton cannot be removed unless $\beta_2/\beta_1 < 0$, which would lead to instabilities, or if there is no coupling $M_{12} = 0$. In the generic case, the characteristic plateau of massive graviton at low values of l is always present. Moreover the position of the first peaks is shifted when the coupling κ varies.

4.3 Instabilities

In doubly coupled bigravity models there is an instability which appears in the radiation era coming from pressure terms such that [32]

$$\delta S_p = \frac{1}{8} \int d^4x \sqrt{-g} \delta T_{ij} \delta g^{ij}. \quad (4.25)$$

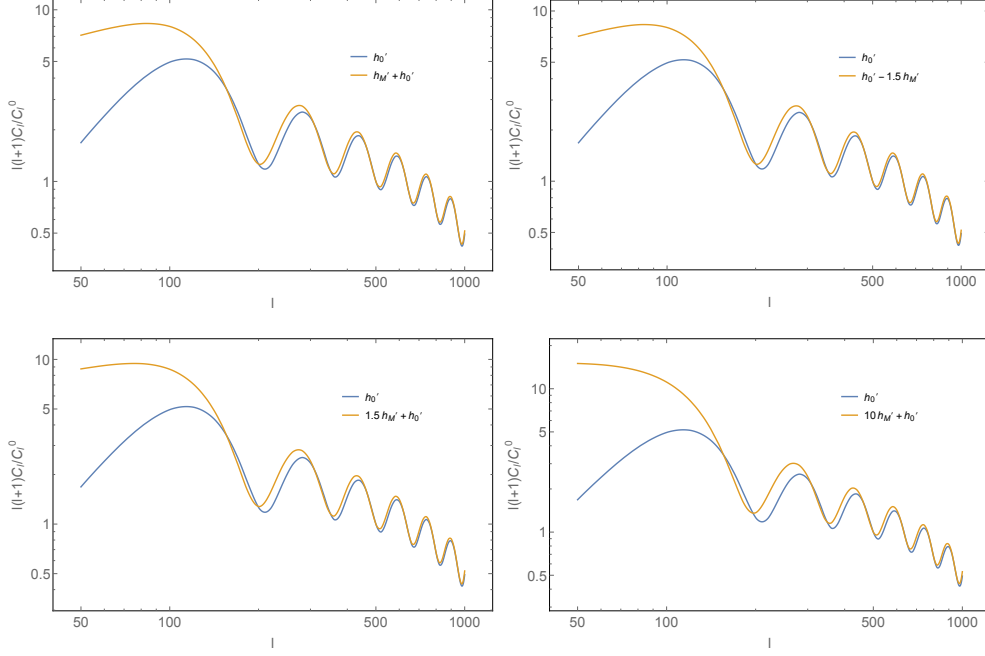


Figure 5. The power spectrum C_l^B for different values of κ in the case of two gravitons, one being massive whilst the other one is massless. The mass is taken to be $1000H_0$. Notice that the plateau at low l is always present and that the first few peaks shifts with the value of κ

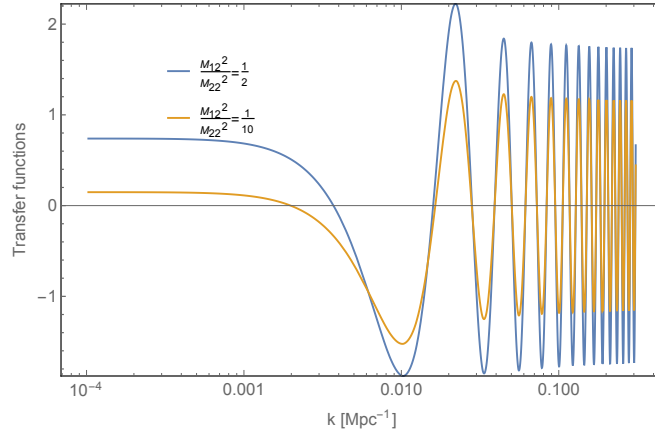


Figure 6. The gravitational coupling Ψ for a massive graviton together with an unstable massless one. We have taken the mass to be $1000 H_0$ and the ratio M_{12}^2/M_{22}^2 to be $1/10$ and $1/2$ respectively. The amplitude for the unstable mode is multiplied by 10^{-11} , i.e. this corresponds to the very low initial conditions of the unstable mode which preserves the perturbativity of the model and gives a non-negligible effect on the B-mode spectrum.

It turns out that this yields a pressure-dependent mass matrix of the form,

$$\Delta M_p^2 = \frac{3\omega a_j^2 H_j^2}{\beta_1^2 + \beta_2^2} \begin{pmatrix} -\beta_2^2 & \beta_1\beta_2 \\ \beta_1\beta_2 & -\beta_1^2 \end{pmatrix}, \quad (4.26)$$

which has a zero mass eigenstate and an eigenmode of negative mass squared, i.e. a tachyon,

$$m_G^2 = -3\omega_j^2 a_j^2 H_j^2 < 0. \quad (4.27)$$

This is only present during radiation domination where it produces a mild instability. To analyse its effect we can solve the equation for a massive graviton during radiation domination

$$h'' + 2aHh' + (k^2 + m^2 a^2 - a^2 H^2)h = 0. \quad (4.28)$$

where we have that $a \propto \tau$ and the equation reduces to

$$h'' + \frac{2}{\tau}h' + (k^2 + m^2 \hat{H}_0^2 \tau^2 - \frac{1}{\tau^2})h = 0, \quad (4.29)$$

whose solution can be approximated by,

$$h \propto (m\hat{H}_0\tau^2/2)^{1/4} j_{-1/4}(m\hat{H}_0\tau^2/2) \left(j_0(k\tau) + j_{1/2(-1+\sqrt{5})}(k\tau) \right). \quad (4.30)$$

The new spherical Bessel mode function $j_{1/2(-1+\sqrt{5})}(k\tau)$ arises because of the instability in the radiation era. This can be matched to the matter era using

$$h = \begin{cases} (m\hat{H}_0\tau^2/2)^{1/4} j_{-1/4}(m\hat{H}_0\tau^2/2) \left(j_0(k\tau) + j_{1/2(-1+\sqrt{5})}(k\tau) \right) & \tau < \tau_{eq} \\ 3\frac{1}{k\tau} \times j_0(\frac{1}{3}m\bar{H}_0^2\tau^3) (Aj_1(k\tau) + By_1(k\tau)) & \tau > \tau_{eq} \end{cases}, \quad (4.31)$$

where A and B could be found by matching the solution and its derivative at $h(\tau_{eq})$. For other more realistic approaches see [29], where the WKB approximation is used. This new solution, i.e. its effect on the gravitational coupling Ψ , is plotted in fig.6. We see that the amplitude of the modes is very large for small k and that this contribution is of similar shape as for the stable mode, albeit with a much higher amplitude. As a result, the power spectrum for these modes has an amplitude of several orders of magnitude higher than for the stable case, which has to be compensated by the choice of very low initial amplitudes for the unstable mode [33, 34].

Now to analyse the effect of the instability in the case of two gravitons we need to include (4.26) in (4.2) and then diagonalise the new set of equations. We will do this in radiation domination, and then we will match to matter domination. The equations are,

$$\begin{aligned} E_1'' + \left(k^2 + M_{11}^2 \hat{H}_0^2 \tau^2 - \frac{\beta_2^2}{\beta_1^2 + \beta_2^2} \frac{1}{\tau^2} \right) E_1 + \left(M_{12}^2 \hat{H}_0^2 \tau^2 + \frac{\beta_1\beta_2}{\beta_1^2 + \beta_2^2} \frac{1}{\tau^2} \right) E_2 &= 0, \\ E_2'' + \left(k^2 + M_{22}^2 \hat{H}_0^2 \tau^2 - \frac{\beta_1^2}{\beta_1^2 + \beta_2^2} \frac{1}{\tau^2} \right) E_2 + \left(M_{21}^2 \hat{H}_0^2 \tau^2 + \frac{\beta_1\beta_2}{\beta_1^2 + \beta_2^2} \frac{1}{\tau^2} \right) E_1 &= 0. \end{aligned} \quad (4.32)$$

As before we try to find solutions of the form $f = \lambda_1 E_1 + \lambda_2 E_2$ where the equation for f satisfies

$$f'' + \left(k^2 + M_f^2 \hat{H}_0^2 \tau^2 - \frac{1}{\tau^2} \right) f = 0. \quad (4.33)$$

Let us define $\tilde{M}_{ij}^2 = M_{ij}^2 + \frac{\beta_i \beta_j}{\beta_1^2 + \beta_2^2} \frac{1}{H_0^2 \tau^4}$ in which case we have that

$$\begin{aligned}\lambda_1(M_f^2 - \tilde{M}_{11}^2) - \lambda_2 \tilde{M}_{12}^2 &= 0, \\ \lambda_2(M_f^2 - \tilde{M}_{22}^2) - \lambda_1 \tilde{M}_{12}^2 &= 0,\end{aligned}\tag{4.34}$$

which is similar to the case treated previously without an instability. The expression for M_f reduces to,

$$2M_f^2 = \tilde{M}_{11}^2 + \tilde{M}_{22}^2 \pm \sqrt{(\tilde{M}_{11}^2 + \tilde{M}_{22}^2)^2 + 4(\tilde{M}_{12}^4 - \tilde{M}_{11}^2 \tilde{M}_{22}^2)}.\tag{4.35}$$

In the following we focus on the case where $M_{12}^4 = M_{11}^2 M_{22}^2$. Notice that deep in the radiation era, as was already the case in the matter era, we have two solutions corresponding to a massless graviton $M_f = 0$ which becomes unstable in the radiation era and a massive graviton of mass $M_f^2 = \tilde{M}_{11}^2 + \tilde{M}_{22}^2$ in both the radiation and matter eras.

Similarly we can use the results (4.17) to diagonalise

$$E_1 = \frac{1}{\sqrt{1 + \frac{\tilde{M}_{11}^4}{\tilde{M}_{12}^4}}}(f_0 + \frac{\tilde{M}_{11}^2}{\tilde{M}_{12}^2} f_m),\tag{4.36}$$

$$E_2 = \frac{1}{\sqrt{1 + \frac{\tilde{M}_{11}^4}{\tilde{M}_{12}^4}}}(f_m - \frac{\tilde{M}_{12}^2}{\tilde{M}_{22}^2} f_0)\tag{4.37}$$

where we have denoted by f_0 the mode with $M_f = 0$ and f_m the massive one. Notice that the diagonalisation is only valid when the rotation matrix is time independent, i.e. at all times apart from the transitory regime where both M_{ij}^2 and $\frac{\beta_i \beta_j}{\beta_1^2 + \beta_2^2} \frac{1}{H_0^2 \tau^4}$ are of the same order. In the following, we will neglect this intermediate regime as we are either interested in the early times where the instability is present or later when it has disappeared.

We can again use the results from the previous sections and then analogously to (4.21) we have that the coupling to matter reads

$$\delta S_{\text{matter}} = \frac{1}{2M_{\text{Pl}}} \int d^4x \frac{1}{\sqrt{1 + \frac{\tilde{M}_{12}^4}{\tilde{M}_{22}^4}} \sqrt{\beta_1^2 + \beta_2^2}} a \beta_2 \left\{ \left(\frac{\beta_1}{\beta_2} - \frac{\tilde{M}_{12}^2}{\tilde{M}_{22}^2} \right) \frac{f_{ij}^0}{a} + \left(1 + \frac{\beta_1}{\beta_2} \frac{\tilde{M}_{12}^2}{\tilde{M}_{22}^2} \right) \frac{f_{ij}^m}{a} \right\} T^{ij}.\tag{4.38}$$

which is also naturally normalised.

This result is a generalisation of (4.21) in radiation domination. It can be extrapolated to the transition region by redefining

$$\tilde{M}_{ij}^2 = M_{ij}^2 + \frac{\beta_i \beta_j}{\beta_1^2 + \beta_2^2} 3\omega H^2\tag{4.39}$$

where $\omega = 0$ in the matter era and $\omega = 1/3$ in the radiation era.

During radiation domination the instability dominates and we can approximate

$$\tilde{M}_{22}^2 \approx \frac{\beta_2^2}{\tau^2}, \quad \tilde{M}_{12}^2 \approx \frac{\beta_1 \beta_2}{\tau^2}\tag{4.40}$$

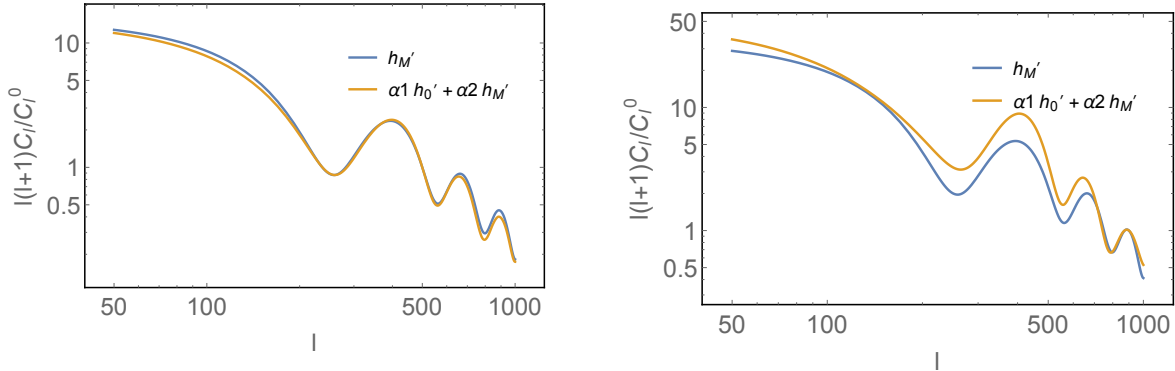


Figure 7. The B-mode spectrum C_{ll}^B for a massive stable graviton and a linear combination of a massive stable graviton and a massless unstable graviton, i.e. a massless graviton with a tachyonic instability in the radiation era. The mass is taken to be $m = 1000H_0$ and on the right $M_{12}^2/M_{22}^2 = 1/10$ whilst on the left $M_{12}^2/M_{22}^2 = 1/2$. The tensor to scalar ratio is set to 10^{-2} . Notice that the plateau at low l is hardly modified by the unstable mode whilst the first few peaks are shifted compared to a purely massive graviton.

so we have that $\tilde{M}_{12}^2/\tilde{M}_{22}^2 \approx \beta_1/\beta_2$. Then (4.38) reduces to

$$\delta S_{\text{matter}} = \frac{1}{2M_{\text{Pl}}} \int d^4x a^2 \frac{f_{ij}^m}{a} T^{ij}, \quad (4.41)$$

which implies that during radiation domination there is no coupling of the unstable mode to matter. To analyse how this changes the power spectrum of B-modes we set $\beta_2 = \beta_1 = 1$ and we choose a large mass for the graviton of $1000 H_0$, i.e. leading to a plateau at low l . We also vary the ratio M_{12}^2/M_{22}^2 . We find that the effect of the instability is very mild only affecting the first few peaks of the B-mode spectrum, see figure 7. We have imposed that the initial conditions for the unstable modes are such that at recombination its magnitude does not exceed the one of the massive graviton. In principle, the effects of the unstable mode can be reduced by choosing even lower initial values. This choice guarantees that the mode does not go non-linear before recombination. As a result, the power spectrum even in the presence of a tachyonic instability, here tamed by the initial conditions, is characterised by the typical plateau of massive gravitons at low l and a shifted structure of peaks compared to a purely massive graviton case.

5 Conclusions

In this paper we have analysed the effect that a modification of gravity has on the B-mode power spectrum. Our results suggest that if r becomes observable, the constraints on modified gravity theories will improve greatly. In particular we have studied the effect that massive gravity has on the B mode power spectrum. We have found analytical expressions for the massive tensor modes valid during matter and radiation domination. With this result we

have found that the most important effect a massive graviton has on the the CMB is the presence of a plateau at small l , as the source function for gravitational waves is constant outside the horizon.

We have also studied multiple gravitons. Using our analytical results we have shown how the effects of massive gravity arise in the presence of a combined coupling to gravity. In general the massive graviton is always coupled to matter and its effect cannot be removed by tuning the mass parameters of the models as long as one massless graviton is present. Moreover we have also included the effects of the tachyonic instability of doubly coupled bigravity that arises in the radiation era. The instability affects the massless graviton which becomes tachyonic in the radiation era. As this mode does not couple to matter during radiation domination, its effect is very mild and does not alter the existence of a plateau at low l , a feature of massive gravitons. This result is valid as long as the initial solutions of the unstable mode are reduced at the end of inflation [33, 34].

A future detection of primordial B-modes would help improving the bounds on the mass of the graviton. Indeed measuring the position of the first peaks and finding a plateau at low l would give clues about the existence of one massless graviton mixed with one massive graviton. Hence the results in this paper could help constraining multigravity, and we intend to perform a Fisher matrix analysis to find out whether the effects we have described would be detectable in the next generation of CMB experiments.

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A Matching solutions

For a massive graviton we have that the solutions are for matter domination

$$h = \frac{3}{k\tau} j_0\left(\frac{1}{3}m\bar{H}_0^2\tau^3\right) j_1(k\tau), \quad (\text{A.1})$$

and during radiation domination

$$h = (mH_0\tau^2/2)^{1/4} j_{-1/4}(m\hat{H}_0\tau^2/2) j_0(k\tau). \quad (\text{A.2})$$

Both solutions are constant outside the horizon $k\tau, m\hat{a}^2 \ll 1$, to then start decaying. This makes the matching with inflation easy as after leaving the horizon during inflation tensor modes freeze out, and its amplitude are constant.

At matter-radiation equality we can assume that the transition was instantaneous and then match the solution and its derivative at τ_{eq} . This leads to,

$$h = \begin{cases} (m\hat{H}_0\tau^2/2)^{1/4} j_{-1/4}(m\hat{H}_0\tau^2/2) j_0(k\tau) & \tau < \tau_{eq} \\ \frac{3}{k\tau} j_0\left(\frac{1}{3}m\bar{H}_0^2\tau^3\right) (A j_1(k\tau) + B y_1(k\tau)) & \tau > \tau_{eq} \end{cases}, \quad (\text{A.3})$$

where

$$A = \frac{\sqrt{\pi} k \tau_{\text{eq}} m \tau_{\text{eq}} \csc\left(\frac{m \tau_{\text{eq}}^3}{3}\right)}{18 \cdot 2^{3/4} k^2} \left(8 {}_0\tilde{F}_1\left(\frac{1}{4}; -\frac{1}{16} m^2 \tau_{\text{eq}}^4\right) \sin(k \tau_{\text{eq}}) (k \tau_{\text{eq}} \sin(k \tau_{\text{eq}}) + \cos(k \tau_{\text{eq}})) + \right. \\ \left. {}_0\tilde{F}_1\left(\frac{5}{4}; -\frac{1}{16} m^2 \tau_{\text{eq}}^4\right) \left(-2 m \tau_{\text{eq}}^3 \sin(k \tau_{\text{eq}}) \cot\left(\frac{m \tau_{\text{eq}}^3}{3}\right) (k \tau_{\text{eq}} \sin(k \tau_{\text{eq}}) + \cos(k \tau_{\text{eq}})) + \right. \right. \\ \left. \left. 4 k \tau_{\text{eq}} + 3 \sin(2 k \tau_{\text{eq}}) - 2 k \tau_{\text{eq}} \cos(2 k \tau_{\text{eq}}) \right) \right), \quad (\text{A.4})$$

$$B = \frac{\sqrt{\pi} k \tau_{\text{eq}} m \tau_{\text{eq}} \csc\left(\frac{m \tau_{\text{eq}}^3}{3}\right)}{18 \cdot 2^{3/4} k^2} \left({}_0\tilde{F}_1\left(\frac{5}{4}; -\frac{1}{16} m^2 \tau_{\text{eq}}^4\right) \left(-2 k^2 \tau_{\text{eq}}^2 + m \tau_{\text{eq}}^3 \cot\left(\frac{m \tau_{\text{eq}}^3}{3}\right) (k \tau_{\text{eq}} \sin(2 k \tau_{\text{eq}}) + \right. \right. \\ \left. \left. \cos(2 k \tau_{\text{eq}}) - 1) - 2 k \tau_{\text{eq}} \sin(2 k \tau_{\text{eq}}) - 3 \cos(2 k \tau_{\text{eq}}) + 3 \right) - \right. \\ \left. 4 {}_0\tilde{F}_1\left(\frac{1}{4}; -\frac{1}{16} m^2 \tau_{\text{eq}}^4\right) (k \tau_{\text{eq}} \sin(2 k \tau_{\text{eq}}) + \cos(2 k \tau_{\text{eq}}) - 1) \right). \quad (\text{A.5})$$

It can also be assumed that the transition is much smaller than the wavelength and use the WKB approximation. This approach was followed by [29] for the case of massless gravity. Its application to our case is straightforward, but is beyond the reach of our paper.

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